

For Approval Information

Contact your
Social Worker
at your
VA primary care clinic

Egyptian Area Agency on Aging

(618) 985-8311 or 888-895-3306

Counties Served Include:

Alexander, Franklin, Gallatin,
Hardin, Jackson, Johnson, Massac,
Perry, Pope, Pulaski, Saline, Union,
and Williamson



Veteran-Directed Home Care



Veteran's Independence Program



Egyptian Area Agency on Aging

Tel: (618) 985-8311

Toll-Free 888-895-3306

Fax: (618) 985-8315

Email: VDHC@egyptianaaa.org

What is Veteran-Directed Home Care?

The Veteran-Directed Home Care program, or VDHC, is a new way of providing the assistance you need to remain at home.

There is no age limit with VDHC. Whether you are 18 or 100, the VDHC program lets you direct your own care.

VDHC program is a more flexible option than traditional home care services. The goal of VDHC is to give you control over the assistance you need.

While working with a trained Veteran Program Coordinator, you will determine what kind of help you need, how often you need it, and who will provide that assistance to you in order to remain in your home.

How Does the Program Work?

From an approved amount of VA funds, you will be able to hire and supervise your own help. This can include:

- Hiring a family member or friend to help you with household or personal care.
- Contracting with a neighbor or professional to provide services.
- Utilizing some of the funds to make your home more accessible.

Am I Eligible?

The Marion VA Medical Center determines eligibility for the VDHC program. In general, you must need a level of care at home in order to avoid nursing home care.

What Happens After the VA Refers Me?

The Veteran Program Coordinator will contact you to help setup the VDHC program with you. Your Veteran Program Coordinator helps:

- Answer all your questions about the VDHC program.
- Help you create and maintain a Spending Plan that helps you stay at home.
- Helps you get care, such as a homemaker or personal care assistant.
- For your security, VDHC will perform background checks on all workers you wish to hire.



What is My Role?

- You or your authorized representative will have the responsibility of identifying, interviewing and determining how much to pay your workers. The Veteran Program Coordinator will guide you through this process.
- You will have the responsibility of training and supervising your workers and signing their timesheets.
- You are responsible for staying within your Spending Plan budget
- You ensure that timesheets, invoices and receipts are submitted on time.

Who Actually Pays the Bills?

A Fiscal Management Service (FMS) assists with the paperwork necessary to make you the employer for the people you hire.

The FMS will handle background checks, workman's compensation and payroll taxes. The FMS will pay your workers for you and provide you with a monthly statement to compare to your approved Spending Plan budget.