

UNUSED MEDICATIONS?

UNUSED MEDICATIONS
CAN EASILY GET INTO
THE WRONG HANDS

More than **4** out of **10**
teens who have misused or abused a prescription
drug obtained it from their family's medicine cabinet

UNUSED MEDICATIONS CAN BE DISPOSED
OF AT THE FOLLOWING SOUTHERN ILLINOIS
HEALTHCARE LOCATIONS

» AT HOME DISPOSAL INSTRUCTIONS

If no medicine take-back programs or DEA-authorized collectors are available in your area, and there are no specific disposal instructions on the label, you can follow these simple steps to dispose of most medicines in the household trash:

1. Mix medicines (do not crush tablets or capsules) with an unpalatable substance such as dirt, kitty litter, or used coffee grounds.
2. Place the mixture in a container such as a sealed plastic bag.
3. Throw the container in your household trash.
4. Scratch out all personal information on the prescription label of your empty pill bottle or empty the medicine packaging to make it unreadable, then dispose of the container.

Sources: fda.gov & drugfree.org



MEMORIAL HOSPITAL OF CARBONDALE

405 W Jackson Street | Carbondale, IL 62902

Monday - Friday: 7:30am - 6pm

Saturday - Sunday: 7:30am - 6pm

HERRIN HOSPITAL

201 S 14th Street | Herrin, IL 62948

Monday - Friday: 7:30am - 6pm

Saturday - Sunday: 7:30am - 6pm

ST. JOSEPH MEMORIAL HOSPITAL

2 S Hospital Drive | Murphysboro, IL 62966

Monday - Friday: 6am - 4:30pm

Saturday - Sunday: 7am - 2:30pm

SIH CANCER INSTITUTE

1400 Pin Oak Drive | Carterville, IL 62918

Monday - Friday: 7:30am - 3:30pm

Saturday - Sunday: CLOSED

For additional locations see the
"Substance Abuse Resource Guide" at
www.hsidn.org/resources

» WWW.SIH.NET