## **Diabetes in Illinois**

1,342,070

The number of adults in Illinois who have diabetes. Over 3.5 million adults may have prediabetes.



## 12.2 billion

The cost of diabetes in Illinois each year due to health care costs and reduced productivity.

People with diabetes are 2 to 4 times more likely to have heart disease or a stroke.

Certain risk factors can worsen diabetes and diabetesrelated complications, and contribute to the development of other chronic diseases including heart disease and stroke.

## Among Illinoisans with diabetes, about

 $\mathbb{A} \mathbb{A} \mathbb{A} \mathbb{A} \mathbb{A}^{\mathbb{A}}$  4 in 5 reported being overweight.  $2 \approx 2$  in 3 reported high cholesterol. 2222 3 in 4 reported high blood pressure.  $2^{-1}$  1 in 2 reported smoking cigarettes. A A A A A 2 in 5 reported no physical activity (within the last 30 days).

Diabetes affects some communities more than others.

Adults with less than a high school education are:

7 X

More likely to have diabetes.

African American, Latino, American Indian, and Alaska Native people are:

2 to 3x

More likely to have diabetes.



American Diabetes Association. (2017, October). The Burden of Diabetes in Illinois. Retrieved from American Diabetes Association: http://main.diabetes.org/dorg/PDFs/Advocacy/burden-of-diabetes/illinois.pdf

Illinois Department of Public Health. (2017, October). Illinois Behavioral Risk Factor Surveillance System, 2016. Retrieved from Illinois Department of Public Health: http://www.idph.state.il.us/brfss/