Southern Illinois Alzheimer's Dementia Groups

Memory Café— Come find support in a comfortable, supportive environment where people with dementia and caregivers can socialize, learn, build support networks, and enjoy activities together!

Memory Café Locations:

<u>2nd Thursday of the month</u> – Prairie Living at Chautauqua, 900 Villa Court, Carbondale, IL 12:30-2:00pm. Refreshments provided.

<u>Third Friday of the month</u> – Active Day, 900 Skyline Dr. #301, Marion IL

11:30-1:00pm Light Lunch and Respite Provided (must register at 618-998-2032)

4th Thursday of the month—First Presbyterian Church of Carterville, 822 West Grand Avenue, Carterville IL 9:00-11:00am. Refreshments provided.

Support Group Locations:

<u>2nd Wednesday of Every Month</u>- The Landing's at Reed Station Crossing, 2100 Reed Station Pkwy, Carbondale IL 4-5pm Refreshments provided.

3rd Wednesday of the month— Parkway Estates, 3114 Williamson County Parkway, Marion, IL 12:30-1:30pm. Lunch Provided

<u>Last Friday of the month-</u> Liberty Village of Carbondale, 2950 W. Westridge, Carbondale, IL 11:30am-12:30pm Refreshments provided.









