



CENTERSTONE

ABOUT CENTERSTONE

Centerstone is one of the nation's largest not-for-profit providers of community-based behavioral health care, offering a full range of mental health services, substance abuse treatment and intellectual and developmental disabilities services in Florida, Illinois, Indiana, Kentucky and Tennessee. Last year, we served over 100,000 individuals and families. We are delivering care that changes people's lives. For more information, visit our website at www.centerstone.org.

Many of Centerstone's services are partially funded by gifts of philanthropy. **For information about the importance of charitable giving to Centerstone and how you can help, please call (615) 463-6645 or email foundation@centerstone.org.**

Funding provided in whole or in part by the State of Illinois, Department of Healthcare and Family Services; Department of Human Services, Divisions of Alcoholism and Substance Abuse and Mental Health; and by the Mental Health Boards of Franklin, Jackson, Madison, and Williamson Counties. Centerstone is in compliance with Title VI of the Civil Rights Act and operates with financial assistance from AgeSmart, the Illinois Department of Aging and the United States Administration on Aging.



CENTERSTONE



ILLINOIS LOCATIONS

Alton

2615 W. Edwards St.
Alton, IL 62002
(618) 462-2331

Carbondale

2311 S. Illinois Ave.
Carbondale, IL 62903
(855) 608-3560

Marion – Illinois Centre Healthcare

3111 Williamson Parkway
Marion, IL 62959
(855) 608-3560

Marion – Main Street

1307 W. Main St.
Marion, IL 62959
(855) 608-3560

West Frankfort

902 West Main St.
West Frankfort, IL 62896
(855) 608-3560

CONNECT ONLINE

www.centerstone.org



CENTERSTONE

Delivering care that changes people's lives



**BEHAVIORAL HEALTH
SERVICES FOR CHILDREN
AND FAMILIES**

WE CAN HELP

Centerstone is here to help your child and family cope with issues such as:

- Anger management
- Anxiety or stress
- Behavioral problems
- Depression
- Grief and other life adjustment issues
- Substance abuse or addiction
- Trauma

COUNSELING SERVICES

Our skilled counselors and therapists offer a variety of services and supports, including:

- Age-appropriate mental health or substance use assessments
- Art therapy
- Community-based services
- Family support
- Individual and/or group counseling
- Linkage and referral to other services
- Play therapy
- School-based services
- Trauma-informed care

CAREGIVER CONNECTIONS

Early childhood mental health consultation services to childcare centers, homes and providers in 15 counties. Call the office nearest to you for more information.

CRISIS

If your child is at risk of harming themselves or another person, and you have no health coverage, or if you have Medicaid or a Medicaid Managed Care Provider, crisis services for your child require pre-authorization. Families on traditional Medicaid must call the CARES line at (800) 345-9049. After you call the CARES line, Centerstone will respond in Franklin, Jackson, Madison, and Williamson Counties.

FAMILY AND COMMUNITY

Providing care in homes and schools eliminates

barriers and ensures the best access to services for children and families. Centerstone provides school-based services in 18 districts throughout Southern Illinois. Families benefit from the services of trained counselors in their homes and communities through Family Services and via Intensive Placement Stabilization for foster families. The goal is to develop strong, healthy children and families. Contact us for details on services available in your area

COUNSELING

Centerstone's skilled counselors and therapists offer mental health counseling and youth substance abuse counseling at certain locations. Services may include individual or group counseling sessions. Please call the office nearest you for more information.

EARLY CHILDHOOD

Centerstone offers early childhood services to help children reach their full-potential. These include Early Intervention for children three years of age and younger with developmental delays. Early Head Start is a federally funded program for low-income pregnant women and children 0-3. Contact our office for details on what is available in your community.

PREVENTION

Youth prevention services develop collaborations with schools, coalitions and others to encourage healthy behaviors. Centerstone's prevention services focus on teen pregnancy and substance abuse prevention and are available in Franklin and Jackson Counties respectively.

PSYCHIATRY

Psychiatric evaluation and medication monitoring services are available for children at our offices in Alton, Carbondale, Marion and West Frankfort. Please call us for details. In most cases, children and youth will also be engaged in other Centerstone services. Research demonstrates that medication and therapy together ensure the best treatment outcomes.

PSYCHOLOGICAL ASSESSMENTS

Psychological assessments and testing for children and youth are available in Carbondale, Marion and West Frankfort. Among the assessments available are psycho-educational and learning disability screening, intelligence (IQ) testing and diagnostic evaluations. Services are offered on a self-pay basis only. Call (855) 608-3560, ext. 7518 to schedule a psychological assessment.

READY TO START?

In many cases, same day services may be available. Before your first visit, call (618) 462-2331 (Alton) or (855) 608-3560 (all other offices) to check walk in times and requirements at the location nearest you. Please allow 1.5 to 2 hours for a therapeutic assessment and discussion of your child's needs. Private insurance clients: Please call us first to verify coverage and schedule your assessment.

