



CENTERSTONE

**ABOUT CENTERSTONE**

Centerstone is one of the nation's largest not-for-profit providers of community-based behavioral health care, offering a full range of mental health services, substance abuse treatment and intellectual and developmental disabilities services in Florida, Illinois, Indiana, Kentucky and Tennessee. Last year, we served over 100,000 individuals and families. We are delivering care that changes people's lives. For more information, visit our website at [www.centerstone.org](http://www.centerstone.org).

Many of Centerstone's services are partially funded by gifts of philanthropy. **For information about the importance of charitable giving to Centerstone and how you can help, please call (615) 463-6645 or email [foundation@centerstone.org](mailto:foundation@centerstone.org).**

*Funding provided in whole or in part by the State of Illinois, Department of Healthcare and Family Services; Department of Human Services, Divisions of Alcoholism and Substance Abuse and Mental Health; and by the Mental Health Boards of Franklin, Jackson, Madison, and Williamson Counties. Centerstone is in compliance with Title VI of the Civil Rights Act and operates with financial assistance from AgeSmart, the Illinois Department of Aging and the United States Administration on Aging.*



CENTERSTONE



CENTERSTONE

*Delivering care that changes people's lives*

**ILLINOIS LOCATIONS**

**Alton**

2615 W. Edwards St.  
Alton, IL 62002  
(618) 462-2331

**Carbondale**

2311 S. Illinois Ave.  
Carbondale, IL 62903  
(855) 608-3560

**Marion – Illinois Centre Healthcare**

3111 Williamson Parkway  
Marion, IL 62959  
(855) 608-3560

**Marion – Main Street**

1307 W. Main St.  
Marion, IL 62959  
(855) 608-3560

**West Frankfort**

902 West Main St.  
West Frankfort, IL 62896  
(855) 608-3560

**CONNECT ONLINE**

[www.centerstone.org](http://www.centerstone.org)



**BEHAVIORAL HEALTH SERVICES FOR ADULTS**

## WE CAN HELP

Centerstone is here to help you and your loved ones cope with issues such as:

- Anger management
- Anxiety or stress
- Divorce or separation
- Depression
- Grief and loss
- Parenting issues
- Postpartum depression
- Relationship problems
- Substance abuse or addiction
- Trauma

Centerstone can also help families with loved ones who experience a serious mental health condition. Through a combination of medication, care coordination, housing and community based services, loved ones can improve wellbeing and reach their full potential.



## COUNSELING SERVICES

Our skilled counselors, specialists, and peer coaches offer a variety of services and supports, including:

- Mental health and substance abuse assessments
- Community-based services
- Education and life skills supports
- Family supports
- Healthy communication techniques
- Integrated primary & behavioral health care
- Counseling and therapy using evidence-based methods
- Linkage and referral to other services
- Trauma-informed care

## CRISIS SERVICES

If you or a loved one is at risk of harming themselves or another person, call our 24-hour crisis hotlines.

*Alton Crisis Number: (618) 465-4388*

*Carbondale, Marion and West Frankfort Crisis Number: (855) 608-3560*

*Jerseyville Crisis Number: (618) 639-2016*

## PSYCHIATRIC SERVICES

Psychiatric services are available at offices in Alton, Carbondale, Marion and West Frankfort. Please call us for details. In most cases, if you require psychiatric care you will also be engaged in counseling services. Research demonstrates that combining medication and therapy ensures the best treatment outcomes.

## SUBSTANCE ABUSE TREATMENT SERVICES

Centerstone offers outpatient substance abuse services at certain locations. Treatment can help adults experiencing substance abuse and

dependency. Medication Assisted Treatment (available in Alton and Marion only) can help adults addicted to opiates through a combination of counseling and medication. Please call the office nearest you for more information.

## READY TO START?

In many cases, same day services may be available. Before your first visit, call (618) 462-2331 (Alton) or (855) 608-3560 (all other offices) to check walk in times and requirements at the location nearest you. For your first visit, please allow 1.5 to 2 hours for a therapeutic assessment and discussion of your goals and plans. Private Insurance clients: Please call us first to verify coverage and schedule your assessment.

Centerstone also offers residential and housing services, services for adults with intellectual disabilities, and other specialty behavioral health services. Contact the office nearest to you for details.

