

The Aging Resource Center

Offers older adults and families the opportunity to explore and secure community resources and services prior to discharge from the hospital and/or skilled care facilities.

How Do I Contact the Aging Resource Center?

Aging Resource Center
Memorial Hospital of Carbondale
404 West Jackson Street
Carbondale, IL 62901
Phone: 1-800-642-7773

Herrin Hospital
201 South 14th
Herrin, IL 62948
Phone: 1-800-642-7773
Email:
arc@shsdc.org



Walk-In Hours
Monday—Friday
10: a.m. – 3:00 p.m.
(or by appointment)

Aging Resource Center

The Aging Resource Center program is offered through Shawnee Alliance located in Herrin on Route 13.

Since 1983, Shawnee Alliance has provided social services to adults age 60 and older and their family members in the lower 13 counties of Southern Illinois. Shawnee Alliance is dedicated to providing care options to seniors to enhance their ability to remain as independent and productive as possible in their own communities.

Shawnee Alliance is the connection to the most comprehensive, expert information, programs and services enabling older adults to remain independent and their families to make the best, most informed decisions regarding needed care in their lives.

Shawnee Alliance Central Office:

6355 Brandhorst Drive
Carterville, IL 62918
Phone: 1-800-642-7773
Website: www.shsdc.org
Email: arc@shsdc.org

It is the policy of Shawnee Health Service to provide services to all persons without regard to race, color, national origin, religion, sex, ancestry, marital status, physical or mental handicap, unfavorable military discharge, or age.



Aging Resource Center Bridge Program

*Bridging the path
between Hospital
and Home*



Shawnee Alliance

A Division of Shawnee Health Service

What is The Aging Resource Center (ARC) Bridge Program?

The Aging Resource Center (ARC) Bridge Program is located on site at Memorial Hospital of Carbondale and Herrin Hospital. The Aging Resource Specialist can meet with you and your family at various locations including your hospital room, family waiting rooms, or in the Aging Resource Center office.



The Aging Resource Center's Short Term Rehab Program offers patients a follow-up visit by an Aging Resource Specialist at local short-term rehab facilities. Assessments can be completed on-site to expedite the start of services post-discharge. Information about community resources and services is also provided to help plan the return home.

The Aging Resource Center currently serves older adult patients and their families by appointment at area short-term rehab facilities.

What happens when I contact the ARC?

During your stay at the hospital or short-term rehab, an Aging Resource Specialist is available to talk with you about community resources and services.



The Aging Resource Specialist can speak with you and your family in person, or over the phone, or via e-mail. Together you can consider options and make decisions about what is needed when you return home.

The Aging Resource Specialist can complete assessments for community-based services on-site in order to fast track the start of services when you are discharged. The Aging Resource Specialist will also work with your discharge team to help plan for your return home.



The Aging Resource Center offers patients and families:

Connection to Services

- On-site assessment for seamless access to in-home services
- The option for follow-up services at home with your community's aging Network
- A resource to you during your transition home

Community Resources

- Home delivered meals
- Bathing and housekeeping assistance
- Respite and caregiver support
- Adaptive equipment
- Transportation
- Benefits Assistance
- Additional community resources

Health Information and Educational Materials

