



Youth & Family TREE

Youth and Family TREE is a substance use program for individuals age 12-25 from Madison, St. Clair, Franklin, Williamson, Perry, and Jackson counties. The program offers three types of intervention: Early Intervention, Dimensions for tobacco/nicotine use, and MATRIX for alcohol and other substances. These interventions provide the tools, skills and support to make positive changes. Those enrolled in TREE also have access to Peer Recovery Specialist services, who are professionals that have their own substance use experience and can provide additional support to clients.

The TREE program assists youth and young adults to avoid, reduce or eliminate substance and nicotine use while also working to help with mental health disorders, diminish criminal and juvenile system involvement, access care and support, provide individual and family education and support.

This program also includes the following services:

- Incentives for attendance, milestones and questionnaires
- Transportation assistance
- Urine toxicology screens
- HIV testing and referrals
- Program graduation
- Linkages to other supports

For more information or to schedule an appointment, contact Taylor Marks at (618) 462-2331, ext. 1813.

During the current COVID-19 crisis, Youth & Family TREE remains fully operational and is continuing to serve clients. We are providing initial assessments, group and individual sessions via telephone and video. As always, the health and safety of our clients and staff is our main priority.

About Centerstone

Centerstone is a not-for-profit health system providing mental health and substance use disorder treatments. Services are available nationally through the operation of outpatient clinics, residential programs, the use of telehealth and an inpatient hospital. Centerstone also features specialized programs for the military community, therapeutic foster care, children's services and employee assistance programs. Centerstone's Research Institute provides guidance through research and technology, leveraging the best practices for use in all our communities. Centerstone's Foundation secures philanthropic resources to support the work and mission of delivering care that changes people's lives.

