



The LANDINGS

CAREGIVER SUPPORT GROUP

PRESENTED BY:
ALZHEIMER'S
ASSOCIATION ILLINOIS
CHAPTER

HOSTED BY:
THE LANDINGS AT REED
STATION CROSSING

Please join us on the second Wednesday of each month at 4:00PM. We offer confidential support and conversation discussing Dementia and Alzheimer's Disease while building a support system with people who understand.

WHILE CONDUCTED BY A TRAINED FACILITATOR IN A SAFE ENVIRONMENT FOR CAREGIVERS, FAMILY, AND FRIENDS OF PERSONS WITH DEMENTIA/ALZHEIMER'S TO:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs, and concerns.
- Learn about community resources.

📍 2100 REED STATION PARKWAY
CARBONDALE IL 62901



🕒 2ND WEDNESDAY OF THE MONTH
4PM - 5PM

CONTACT DEANNA FOR MORE DETAILS:

📞 618-559-0133

✉️ MARKETING@LIVINGATTHELANDINGS.COM