

Substance Misuse Resources for Southern Illinois







Help is here.

833-234-6343 · [HelplineIL.org](https://www.helplineil.org)

 **ILLINOIS HELPLINE**
for Opioids & Other Substances

*For additional information, go to:
[Resources for Prescription Drug Misuse — Healthy Southern Illinois Delta Network \(hsidn.org\)](https://www.hsidn.org)*

Agency	Description	Contact Information
 <p>Arrowleaf has numerous locations throughout Southern Illinois in Alexander, Johnson, Hardin, and Pope County.</p>	<p>Adult and Youth outpatient services. Crisis response and intervention. Psychiatric and Nursing services. Please see website for additional services.</p>	<p>Phone: (618)-658-3079 24/7 Crisis Line: (618)-658-2611</p> <p>Website: Arrowleaf Growth. Community. Transformation (myarrowleaf.org)</p>
 <p>Centerstone Various locations in Jackson, Williamson, and Franklin Counties</p>	<p>Adult, Adolescent, and Child individual, group, and family counseling. Adult psychiatric services. Crisis services for various counties.</p>	<p>Phone: (855)-608-3560</p> <p>Website: Centerstone Behavioral health and addiction services</p>
 <p>Egyptian Health Department 1412 U S 45 N, Eldorado, IL 62930</p>	<p>Adult outpatient individual, family, and group services. Adult Psychiatric services. Child outpatient individual and family. Please see website for additional services.</p>	<p>Phone: (618)-273-3326</p> <p>Website: Home - Egyptian Health Department</p>
 <p>Gateway 1080 E Park Street Carbondale, IL 62901</p>	<p>Gateway Foundation offers highly personalized addiction treatment programs for patients at any stage of recovery. Programs and services include a variety of clinical and virtual programs.</p>	<p>Phone: (877) 505-4673 or (618) 319-7495</p> <p>Website: Drug & Alcohol Rehab Centers in Illinois Gateway Foundation</p>
 <p>Lutheran Social Services of Illinois Various locations in Williamson and Johnson County</p>	<p>Provides programs including mental health services and alcohol/drug treatment.</p>	<p>Phone: (618) 997-9196 Website: www.lssi.org</p>
 <p>Perry County Counseling Center 1016 S Madison Street Du Quoin, IL 62832</p>	<p>Provides prevention services focused on preventing substance abuse within the community. Programs include crisis intervention, adult outpatient treatment, alcohol/substance abuse outpatient treatment, and more.</p>	<p>Phone: (618) 542-5357 Website: www.Perrycountycounseling.com</p>

Agency	Description	Contact Information
 <p>Various locations in the lower 16 counties of Illinois</p>	<p>Alcoholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with one another that could potentially save their common problem and help others to recover from alcoholism. The meetings take place in the Carbondale-Marion area, as well as many other communities around.</p>	<p>Hotline: 1-(800) 593-3330 Website: www.southernillinoisaa.org</p>
	<p>The Al-Anon is to help friends and family members of alcoholics. The group is organized into twelve districts covering the lower two-thirds of Illinois.</p>	<p>Website: Welcome (siafg.org)</p>
	<p>Narcotics Anonymous is a global, community-based organization with a multilingual and multicultural membership. It is a non-profit fellowship of men and women for whom drugs had taken over. It is recovering addicts who met regularly to help one another stay clean.</p>	<p>Phone: (818) 773-9999 Website: https://na.org/</p>
	<p>SMART Recovery is a fresh approach to addiction recovery. It stands for Self-Management and Recovery Training. In the mutual support meetings, participants design and implement their own recovery plan to create a more balanced, purposeful, fulfilling, and meaningful life.</p>	<p>Phone: (440) 951-5357 Website: SMARTfinder - Meeting List (smartrecovery.org)</p>

* If you have Private Insurance/Medicaid you can call the number on your card, and they may be able to give you more options

National Suicide Prevention Lifeline phone: 1-800-273-8255 (24 hours a day)

Crisis Text Line: Text "HOME" to 741741 24 hours a day or visit: www.crisistextline.org/textline

Illinois Warm Line: 1-866-359-7953 (Mon-Sat 8am-8pm except holidays)

Suicidepreventionlifeline.org – has an online chat option for crisis

United Way 2-1-1 – Call 1-888-865-9903 (24 hours a day)

Scan the QR code below using your mobile device:

