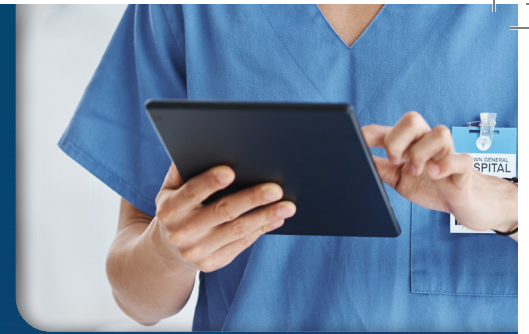


VA



U.S. Department  
of Veterans Affairs

# VA Suicide Prevention Resources for Clinicians, Health Care Professionals, and Educators



## Resources for Clinicians, Health Care Professionals, and Educators



### VA Mental Health Care

VA's repository of mental health resources, information, and data, including materials specifically for women Veterans, LGBTQ+ Veterans, Veterans transitioning from service, and older Veterans.



### Veterans Crisis Line

Available 24/7 to Veterans in crisis and their loved ones. For free, confidential support, Dial 988 then **Press 1**, chat at [VeteransCrisisLine.net/Chat](https://www.VeteransCrisisLine.net/Chat), or text 838255.



### Emergency Medical Care for Veterans

Veterans having a suicidal crisis can go to any health care facility—at a VA location or in their community—for free emergency health care, including transportation costs, inpatient or crisis residential care for up to 30 days, and outpatient care and social work for up to 90 days.



### Lethal Means Safety Education and Counseling for Providers

This one-hour online course for health care providers serving Veterans in their community offers ACCME, ACCME-NP, ANCC, APA, ASWB, NBCC, and NYSED SWB accreditation.



### VA Suicide Risk Management Consultation Program

Provides free, one-on-one consultations for any community or VA provider who works with Veterans at risk for suicide. The consultation is confidential and can take place by phone or email.



### Older Veteran Behavioral Health Resource Inventory

This inventory provides information on resources to help health and social service professionals support older Veterans who have or are at risk for behavioral health conditions.



### Community Provider Toolkit

This toolkit supports the behavioral health and wellness of Veterans receiving services outside the VA health care system.



### Posttraumatic Stress Disorder (PTSD) Consultation Program

A free, national consultation program for any (non-VA or VA) provider working with a Veteran with signs or a diagnosis of PTSD.



### Toolkit for Therapeutic Risk Management of the Suicidal Patient

This toolkit uses clinical, medical, and legal best practices to inform a model for the assessment and management of suicide risk.



### Toolkit for Providers of Clients with Co-occurring Traumatic Brain Injury (TBI) and Mental Health Symptoms

This toolkit provides mental health clinicians necessary information to address the needs of military personnel and Veterans with a history of TBI and co-occurring mental health conditions.



### Self-Directed Violence Classification System and Clinical Toolkit

This toolkit uses the classification system to track individual risk in patient care settings, implement system-wide suicide prevention strategies, and design clinical research to inform evidence-based practices.



### Provider Self-Care Toolkit

Working with trauma survivors is rewarding, yet such work can create challenges. This toolkit is for providers who work with those exposed to traumatic events, to help reduce the effects of job-related stress, burnout, and secondary traumatic stress.



### Veteran Cultural Competency Training

Transitioning from military to civilian life is a high-risk period for suicide. Bridging the gap between civilians and Veterans is an important step that can assist Veterans as they assimilate into civilian life.



# VA Suicide Prevention Resources for Clinicians, Health Care Professionals, and Educators



## Talking with a Veteran in Crisis

You don't have to be an expert to ask if someone is going through a difficult time or having thoughts of suicide. If you notice changes in a Veteran's behavior or moods and you think they might be in crisis, it's time to respond.



## American Indian (AI) and Alaska Native (AN) Veterans–Community Provider Toolkit

Some understanding of AI/AN cultures helps health care providers provide higher quality care when working with Veteran clients who identify with these cultures. The resources in this toolkit can help professionals ask questions about family, upbringing, languages, and spiritual beliefs to assess the extent to which Veterans identify with AI/AN cultures.



## Clergy Toolkit

Clergy and spiritual communities play an important role in supporting service members and Veterans in their personal well-being and spiritual health. Clergy members often serve as frontline mental health responders.



## Veterans Employment Toolkit

This toolkit helps employers, managers and supervisors, human resources professionals, and employee assistance program (EAP) providers relate to and support their employees who are Veterans and members of the Reserve and National Guard.



## Means Safety Messaging for Clinical Staff

This pocket card provides medical professionals with digestible information on ways to talk with Veteran patients about safe firearm storage.

## Resources for Veterans



## VA S.A.V.E. Training

This online training course, designed in collaboration with PsychArmor, teaches anyone who interacts with Veterans how to recognize warning signs of crisis and what to do to help a Veteran who may be at risk.



## VA Resource Locator

Find VA facilities, Vet Centers, suicide prevention coordinators, and other VA resources.



## Keep It Secure

Promotes awareness about the simple steps Veterans can take to protect themselves and their family, including information about secure gun and medication storage, the warning signs of suicide, and how to find support.



## Don't wait. Reach out.

Use this site to find support and resources designed specifically for Veterans. Family members and friends can also find resources for the Veteran in their life.



## Make the Connection

VA's premier mental health literacy and anti-stigma website highlights Veterans' real, inspiring stories of recovery and connects Veterans and their family members and friends with local resources.



## VA Homeless Programs

If you are or know of a Veteran who is homeless or at imminent risk of homelessness, contact the National Call Center for Homeless Veterans at (877) 4AID-VET (877-424-3838) for assistance.



## Together With Veterans (TWV)

TWV is a community-based suicide prevention program for rural Veterans. TWV involves partnering with rural Veterans and their communities to implement community-based suicide prevention.



## Asian Americans, Native Hawaiians, and Pacific Islanders–Behavioral Health Equity

This website provides national survey reports, agency and federal initiatives, related behavioral health resources, and in-language resources on Asian American, Native Hawaiian, and Pacific Islander populations.



## Uniting for Suicide Postvention

This website provides resources and support for everyone touched by suicide loss.



## Suicide Prevention Resource Center

This website identifies evidence-based programs and best practices for suicide prevention.