

How to Use Your SNAP/LINK Card at the Farmers' Market

- 1 Use your LINK card here to receive SNAP tokens to purchase eligible foods at the market



Eligible foods include:

- breads and cereals
- fruits and vegetables
- meats, fish, poultry
- eggs and dairy products
- seeds and plants that produce food

- 2 The market will match what you spend on your LINK card with \$1 Double Value Coupons to purchase fresh fruits and vegetables

Carbondale (Summer & Inter)



Limit \$25 of Double Value Coupons per day Available at these Markets: Benton, Humpday West Frankfort, Carbondale (Summer & Winter)

- 3 Use your tokens and your Double Value Coupons to purchase eligible food at the market
- fresh, Illinois-grown fruits and vegetables!



Unused tokens and coupons can be used anytime during the market season.



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