



Agency	Address	Phone
Bond CHD	1520 South Fourth St. Greenville, IL 62246-2897	Ph: (618) 664-1442
Clay CHD	601 East 12 th St. Flora, IL 62839	Ph: (618) 662-4406
Clinton CHD	930-A Fairfax St. Carlyle, IL 62231	Ph: (618) 594-8942
Coordinated Youth and Human Services	2016 Madison Ave. Granite City, IL 62040* ----- 101 E. Edwardsville Rd. Wood River, IL 62095	Ph: (618) 876-2383 Ext. 2 Granite City
Crawford CHD	202 N. Christopher Blvd. Robinson, IL 62454	Ph: (618) 544-2899
East Side Health District	638 North 20 th St. East St. Louis, IL 62205* ----- 1274 Camp Jackson Rd. Cahokia, IL 62206 ----- 2568 North 41 st . Fairmont City, IL 62201	Ph: (618) 874-4713
Egyptian Public and Mental Health Department	1412 US 45 North Eldorado, IL 62930* ----- 9525 Gold Hill Rd. Shawneetonwn, IL 62984 ----- 1705 College Ave. Carmi, IL 62821	Ph: (618) 273-3326 Fax (618) 273-5192 Ph: (618) 269-3454 Ph: (618) 382-7311
Fayette CHD	416 West Edwards Vandalia, IL 62471	Ph: (618) 283-1044 Fax: (618) 283-4195
Franklin-Williamson Bi-County Health Department	8160 Express Drive Marion, IL 62959* ----- 403 E. Park St. Benton, IL 62812	Ph: (618) 993-8111 Ph: (618)-435-2693
Jackson CHD	415 Health Dept. Rd. Murphysboro, IL 62966	Ph: (618) 684-3143
Jasper CHD	106 East Edwards St. Newton, IL 62448* ----- 405 S. Whittle Ave. Olney, IL 62450	Ph: (618) 783-4436 (618) 392-3226
Jefferson CHD	4102 S. Water Tower Pl Mt. Vernon, IL 62864	Ph: (618) 244-7134
Lawrence CHD	2101 James St. Lawrenceville IL 62439	Ph: (618) 943-3302 Fax: (618) 943-5139



Agency	Address	Phone
Marion CHD	1013 N. Poplar St. Centralia, IL 62801*	Ph: (618) 532-6518
	----- 118 Cross Creek Blvd. Salem, IL 62881	Ph: (618) 548-3878
Monroe CHD	1315 Jamie Ln Waterloo, IL 62298	Ph: (618) 939-3871
Perry CHD	907 South Main St. Pinckneyville, IL 62274	Ph: (618) 357-5371
Randolph CHD	2515 State St. Chester, IL 62233*	Ph: (618) 826-5007
	----- 211 N. Hasle St. Sparta, IL 62286	Ph: (618) 443-2995
Southern 7 Health Department	(Pulaski Co)* 37 Rustic Campus Rd. Ullin, IL 62992	Ph: 618-524-2657
	----- (Alexander Co) 3014 Elm St. Cairo, IL 62914	----- (Massac Co) 1230 Commercial Park Rd. Metropolis, IL 62960
	----- (Hardin Co) Rt. 146 Building 2 Elizabethtown, IL 62931	----- (Union Co) 260 Lick Creek Rd. Anna, IL 62906
	----- (Johnson Co) 513 ½ East Vine St. Vienna, IL 62995	----- (Pope Co) 106 N. Market St. Golconda, IL 62938
St. Clair CHD	19 Public Square, Suite 150 Belleville, IL 62220	Ph: (618) 233-6170
Wabash CHD	130 West 7 th St. Mt. Carmel, IL 62863	Ph: (618) 263-3873
Washington CHD	177 South Washington St. Nashville, IL 62263	Ph: (618) 327-3644
Wayne CHD	405 N. Basin Rd. Fairfield, IL 62837*	Ph: (618) 842-5166*
	----- Hamilton CHD 100S. Jackson St. Courthouse Rm 5 McLeansboro, IL 62859	Ph: (618) 643-3522



GROWING HEALTHY FAMILIES

ALL CAREGIVERS ARE WELCOME

WIC is for anyone with child dependents, including parents, grandparents, foster parents, and stepparents, as well as parents who are pregnant, postpartum, or suffering the loss of a recent pregnancy.

WIC OFFERS FREE, NUTRITIOUS FOODS

Women and Children (1-5 years):

Whole Wheat Bread, Tortillas, Cereal, Milk, Eggs, Yogurt, Tofu, Cheese, Juice, Peanut Butter, Beans, Fruits and Vegetables

Breastfeeding Infants:

Infant Cereal and Jarred Infant Meats, Fruits and Vegetables

Non-Breastfed Infants:

Formula, Infant Cereal and Jarred Infant Fruits and Vegetables



WIC STAFF CARE AND SUPPORT YOU BY OFFERING

Nutrition and breastfeeding tips, recipes, and connections to health care providers and other community programs.



WIC IS FOR ALL TYPES OF FAMILIES

WIC does not require proof of citizenship or immigration status. Check out our income guidelines and contact us today!

Family Size	Weekly	Monthly	Yearly
1	\$519	\$2,248	\$26,973
2	\$702	\$3,041	\$36,482
3	\$885	\$3,833	\$45,991
4	\$1,068	\$4,625	\$55,500
5	\$1,251	\$5,418	\$65,009
6	\$1,434	\$6,210	\$74,518
For each additional family member add:	\$183	\$793	\$9,509

TO FIND A WIC CLINIC NEAR YOU:



bit.ly/WICOfficeLocator or call the automated office locator line: 1-800 323-4769 (voice) 1-866-295-6817 (TTY)

DESARROLLANDO FAMILIAS SALUDABLES

TODOS LOS CUIDADORES SON BIENVENIDOS

El WIC está disponible para todas las personas con niños dependientes, incluidos padres, abuelos, padres adoptivos y padrastros, como también padres embarazados, en posparto o sufriendo por la pérdida de un embarazo reciente.

EL WIC OFRECE COMIDA GRATUITA Y NUTRITIVA

Mujeres y niños (de 1 a 5 años):

Pan integral, tortillas, cereal, leche, huevos, yogurt, tofu, queso, jugo, mantequilla de maní, frijoles, frutas y vegetales

Bebés que amamantan:

Cereal y carne envasada para bebés, frutas y vegetales

Bebés que no amamantan:

Fórmula, cereal, frutas y vegetales envasados para bebés



EL PERSONAL DEL WIC LE CUIDA Y APOYA OFRECIENDO

Consejos de nutrición y para amamantar, recetas y contactos de proveedores de cuidados de salud y otros programas comunitarios.



EL PERSONAL DEL WIC LE CUIDA Y APOYA OFRECIENDO

El WIC no requiere prueba de ciudadanía o estado migratorio.

¡Compruebe nuestras normas de ingresos y contáctenos hoy mismo!

Tamaño de la familia	Semanal	Mensual	Anual
1	\$519	\$2,248	\$26,973
2	\$702	\$3,041	\$36,482
3	\$885	\$3,833	\$45,991
4	\$1,068	\$4,625	\$55,500
5	\$1,251	\$5,418	\$65,009
6	\$1,434	\$6,210	\$74,518
Por cada miembro de la familia adicional, añadir:	\$183	\$793	\$9,509

POR CADA MIEMBRO DE LA FAMILIA ADICIONAL, AÑADIR:



bit.ly/WICOfficeLocator o llame a la línea de localizador automático de oficinas:

1-800 323-4769 (voz)

1-866-295-6817 (TTY)