

## Outpatient Programs- Southern Illinois

### Arrowleaf

PO Box 1328

Vienna, IL 62995

Office: 618.658.3079



### Outpatient Treatment

Arrowleaf (formerly Family Counseling Center, Inc.) is a SUPR provider. Our program is for individuals who have a psychoactive substance use disorder diagnosis or individuals who have a family member or significant other who has a substance use problem. Special consent needed for youth under 12 years old.

Outpatient Treatment Levels under SUPR Licensure:

- Levels 0.5, I & II

Office Hours

- Monday – Friday, 8:30 am - 4:30 pm, evenings by appointment

Program Contact: Wendy Armstrong

- Phone: 618-658-2611 Fax: 618-658-2759

Online referral accepted on our website: <https://myarrowleaf.org>

Outpatient Clinic Locations:

- 406 East Vine Street, Vienna, IL 62995
- 147 North Main Street, Elizabethtown, IL 62931
- 125 North Market Street, Golconda, IL 62938
- 1401 Washington Avenue, Cairo, IL 62914

### Prevention

#### ***SUPS — Substance Use Prevention Services***

- SUPS helps students 11 to 18 learn about substance use and misuse through a prevention-oriented curriculum and community-wide awareness building activities that aim to reduce the prevalence of substance misuse in our communities.

Program Contact: Emily Lind. Phone: 618-658-261. Fax: 618-658-2501

Online referral accepted on our website: <https://myarrowleaf.org>

Locations: Provided to all students within Hardin, Pope, Johnson, Massac, Union, Alexander, and Pulaski Counties

#### ***RCORP — Rural Communities Opioid Response Program — Implementation***

- RCORP works to strengthen and expand substance use disorder (SUD), including opioid use disorder (OUD) prevention, treatment, and recovery services in Hardin and Pope Counties.

Program Contact: Alisha Foster. Phone: 618-658-2611. Fax: 618-658-2501

Online referral accepted on our website: <https://myarrowleaf.org>



**CENTERSTONE**

[www.centerstone.org](http://www.centerstone.org)

Contact: Dalus Ben Avi

(855) 608-3560, ext. 7830

[dalus.benavi@centerstone.org](mailto:dalus.benavi@centerstone.org)

Office Locations	
<p><b>Centerstone Alton: Edwards Street</b>  <i>Outpatient Office</i>            2615 Edwards Street            Alton, IL 62002            Initial call: 855.608.3560 ext. 1701            Main: 618.462.2331            Fax: 618.462.2504</p>	<p><b>Centerstone: Carterville</b>  <i>Outpatient Office</i>            403 Municipal Drive            Carterville, IL 62918            Initial call: 855.608.3560            Main: 618.319.6069            Fax: 618-319-6055</p>
<p><b>Centerstone Carbondale: Emerald</b>  <i>Administrative Office</i>  <i>Community Support Services</i>  <i>Family Services</i>            200 North Emerald Lane            Carbondale, IL 62901            Initial call: 855.608.3560            Fax: 618.549.3734</p>	<p><b>Centerstone: Fellowship House Campus</b>  <i>Adult Detox</i>  <i>Male Inpatient</i>  <i>Outpatient Office</i>            800 North Main St.            Anna, IL 62906            Main: 618-833-4456            Fax: 618-833-2371</p>
<p><b>Centerstone Carbondale: South</b>  <i>Administrative Office</i>  <i>Outpatient Office</i>            2311 South Illinois Avenue            Carbondale, IL 62903            Initial call: 855.608.3560 ext. 7950            Main: 618.457.6703            Fax: 618.529.4563</p>	<p><b>Centerstone Marion: Main Street Campus</b>  <i>Adult Residential</i>  <i>Outpatient Office</i>            1307 West Main St            Marion, IL 62959            Initial call: 855.608.3560 ext. 7701            Main: 618.997.5336            Fax: 618.993.2969</p>
	<p><b>Centerstone: West Frankfort</b>  <i>Administrative Office</i>  <i>Outpatient Office</i>            902 West Main St.            West Frankfort, IL 62896            Initial call: 855.608.3560 ext. 7501            Fax: 618.937.1400</p>

**Mission Statement:** We're here because we want to help people and make our communities be the best they can be. We love our mission statement so much, we call it our noble purpose: delivering care that changes people's lives.

**Payment for services:** Centerstone offers Open Access hours to help connect you with the mental health or substance use disorder services you need in a timely manner. Please call 855.608.3560 for more information.

## Centerstone Substance Use Disorder Services

Services	Description	Locations
<b>Assessment Services</b>	Provides initial comprehensive assessments to individuals seeking services to address mental health or substance use concerns. Open Access Assessment Services are available for individuals with Medicaid. Individuals with private health insurance, Medicare, or children age 4 and under, must be scheduled to ensure the appropriate assessment tool and clinician is available.	Alton Anna Carbondale Carterville Marion West Frankfort
<b>Early Intervention – Children</b>	Early Intervention provides a range of therapy services to children who are identified as having a developmental delay. Family support is offered to participants in the program as well as family counseling, physical therapy, occupational therapy, developmental therapy, speech therapy and nutrition services.	Alexander, Clay, Franklin, Hamilton, Hardin, Jackson, Jefferson, Johnston, Madison, Perry, Pope, Randolph, Saline, St. Clair, Union, Wayne, White, and Williamson Counties
<b>Flourish</b>	Centerstone's Flourish program's goal is to increase the well-being, improve permanency and enhance the safety of children who are in or at risk of out-of-home placement due to parent/caretaker substance use.	Alton, Carbondale, Carterville, Marion, West Frankfort
<b>Gambling Disorder Treatment</b>	Is gambling affecting your well-being or the well-being of those around you? Centerstone can help. Centerstone staff are trained in the Centerstone Addictions Model, a comprehensive, evidence-based treatment model developed by the Centerstone Research Institute.	Carbondale Marion
<b>Halfway House- Federal</b>	For referrals from United States' Federal Bureau of Prisons and United States' Probation Offices to provide a supported living environment to those who need structure while reintegrating into society	Williamson County
<b>Halfway House- Non-Federal</b>	For referrals from the Illinois Department of Corrections, Veteran's Administration, United States' Probation Pre-Trial and residential substance use treatment facilities to provide a supported living environment to those who need structure while reintegrating into society	Williamson County
<b>Medication Assisted Treatment</b>	Medication Assisted Treatment is an essential part of comprehensive treatment for substance misuse. FDA-approved medications are used to calm overly active areas of the brain, reduce cravings and increase your chances of long-term recovery. Options include Vivitrol, Suboxone and Methadone.	Alton Marion

<b>Re-entry Services</b>	Helps people transition from the corrections system to the community. Supplies a variety of services in safe, supportive environments, including behavioral health and employment services	Williamson County
<b>Substance Use Disorder – Adolescent Services</b>	Designed for adolescents who are having problems because of his/her own alcohol or other drug use. The services are provided through office-based outpatient treatment	Alton Anna Carterville Franklin, Williamson, Jackson Counties
<b>Substance Use Disorder – DUI Services</b>	Provides evaluation and risk education services for individuals who are court-ordered or are seeking driver's license reinstatement	Marion Alton
<b>Substance Use Disorder – Early Intervention</b>	Designed to help those individuals who are at risk of developing life-impairing problems related to substance use due to behaviors in which they are engaging or because of environmental influences	Anna Marion Carbondale Carterville West Frankfort Alton
<b>Substance Use Disorder – Intensive Outpatient</b>	Designed for individuals who are having problems because of his/her own alcohol or other drug use and who are unable to make behavioral changes without clinically directed and repeated structured motivational interventions	Marion Alton
<b>Adult Substance Use Disorder – Outpatient</b>	Designed for individuals who are having problems because of their own or someone else's alcohol or other drug use. Individual, family and group therapy services are provided and are based upon assessment of each individuals' needs	Alton Anna Marion Carbondale Carterville West Frankfort
<b>Substance Use Prevention – Children, Teens</b>	Centerstone Substance Abuse Prevention (SAP) aims to increase the availability of high-quality alcohol, tobacco and other drug prevention services for 11-18 year olds in Franklin, Jackson and Williamson Counties in Illinois.	Carterville Carbondale Marion West Frankfort
<b>Youth and Family Tree</b>	Centerstone is excited to offer a new program for individuals (ages 12-25) and their families and/or caregivers with substance use disorder (SUD) and co-occurring disorder (COD) in Franklin, Jackson, Madison, Perry, St. Clair, and Williamson counties.	Alton Carbondale Carterville Marion West Frankfort



**Comprehensive Connections** [comconnect.org/](http://comconnect.org/)

16338 N. IL. HWY. 37  
 Mt. Vernon, IL 62864  
 (618) 242-1510

**Outpatient Treatment** – Outpatient counseling for adolescences and adults can be done on an individual, group or family basis. In some cases, outpatient counseling can be used to meet DUI requirements. Services provided at this level of care include education, group therapy sessions and individual counseling. Call during regular business hours for more information.

Services	Description	Phone
Substance Misuse		(618) 242-1510 opt 3
Adult Outpatient Treatment Services	❖ Outpatient- 1-9 hours per week, group and individual	618.242.1510 opt 4
Adolescent Outpatient treatment	❖ For youth involved with substance use and youth struggling with the substance of another person. Designed to meet teens, education, and individual needs	(618) 242-1510 opt 3
Family Program	❖ Provides alcohol and drug education, communication skills, introduction to Co-dependency and other information relevant for family/significant others affected by those misusing substances.	(618) 242-1510

**Payment for services:** Bring income verification; please bring in one of the following: recent paycheck stub, 1040; W-2, unemployment verification or a medical card. Bring insurance card if you have any kind of health insurance (this applies only to outpatient services). The verification used to determine if you are eligible for funding assistance. This is a requirement of the State of Illinois.



## Egyptian Health Department

[www.egyptian.org/](http://www.egyptian.org/)

Office Locations	
<p><b>White County Carmi Office</b>            1705 College Avenue            Carmi, IL 62821            Phone: 618.382.7311            Fax: 618.382.7552  <b>Office Hours:</b>            8:00 AM to 5:00 PM Mon, Wed, Fri            8:00 AM to 8:00 PM Tues and Thurs</p>	<p><b>Fairfield Office</b>            407 N Basin Rd            Fairfield, IL 62837            Phone: 618.516.5326            Fax: 618.516.5325  <b>Office Hours:</b>            8:00 AM to 5:00 PM</p>
<p><b>Gallatin County Shawneetown Office</b>            9525 Gold Hill Rd            Shawneetown, IL 62984            Phone: 618.269.3454            Fax: 618.269.3825  <b>Office Hours:</b>            8:00 AM to 4:00 PM Mon-Thurs            8:00 AM to 5:00 PM Fri</p>	<p><b>Saline County Eldorado Office</b>            1412 US 45 North            Eldorado, IL 62930            Phone: 618.273.3326            Fax: 618.273.2808  <b>Office Hours:</b>            8:00 AM to 5:00 PM Mon, Wed, Fri            8:00 AM to 8:00 PM Tues and Thurs</p>
<p><b>Gallatin County Wellness Center</b>            5155 Highway 13            Junction, IL 62954            Phone 618.272.7132            Fax 618.272.7064</p>	<p><b>Saline County Harrisburg Office</b>            713 E Church St.            Harrisburg, IL 62946            Phone: 618.294.8311            Fax: 618.294.8313  <b>Office Hours:</b>            8:00 AM to 4:00 PM Mon-Fri</p>

### Our Mission:

- Egyptian Health Department is dedicated to providing human services that support and enhance the lives of individuals, families, and groups in southern Illinois.

### Youth/Adult Services include:

- **Youth:** Assessment & evaluation, intervention services and referral for inpatient services. EHD also provides substance use prevention programming in Gallatin, Hamilton, and White county schools. **Adult:** Level 1 and 2 intensive outpatient services, Substance Abuse Group Education (S.A.G.E), individual and group counseling, family counseling and education, DUI services, and medication-assisted treatments.

### Recovery Resource Center:

- The Recovery Resource Center is open Monday through Friday at 715 E Church St, Harrisburg, IL. It is open to all community members who are seeking resources on the different pathways to recovery.





## **Gateway Foundation Alcohol & Drug Treatment Center**

1080 E. Park St. Carbondale, IL 62901

24-hour Phone Line: 1-877-505-HOPE (4673)

Main: (618) 529-1151

Fax: (618) 549-9540

[www.recovergateway.org](http://www.recovergateway.org)

Gateway has outpatient services for adult men, women, adolescent girls, and adolescent boys. Our Outpatient Programs are co-ed and specific to either adults or adolescents. The adults meet Monday through Friday with group options of 11a – 2p or 6p – 9pm. Adolescents meet Monday through Friday 3:30 – 6:30pm. Each outpatient group includes a meal. Transportation is available for the 11a – 2pm group.

Gateway has a 24-hour phone line that is answered by a trained professional who can screen and schedule appointments, place on waitlists, or answer any questions from prospective clients or concerned family members and friends. Most insurances, no funds, Medicaid, and self-pay accepted. Outpatient sites do not accept Medicare.

Addiction treatments aim to address all aspects of substance use disorder. Gateway treats the social, behavioral, and physical elements of addiction through comprehensive care services. Specialized programs for co-occurring mental health concerns are available. Depending on symptoms and circumstances, patients may receive services such as:

- Cognitive-behavioral therapy
- Dual diagnosis treatment
- Mindfulness-based sobriety
- Dialectical behavior therapy
- Acceptance and commitment therapy
- 12-Step facilitation
- Trauma-informed therapy
- Support groups and group therapy
- Motivational interviewing therapy
- Medication-assisted treatment
- Age-based and gender-based patient group involvement