



MENTAL HEALTH RESOURCES FOR SOUTHERN ILLINOIS

April 2023



Behavioral Health Action Team
<https://www.hsidn.org/jackson-county>

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Mental Health Resources for Southern Illinois

I. Local After-Hours Crisis Numbers

Region	Phone Number
Alexander County	618-658-2611
Franklin, Jackson, Williamson County	855-985-0911
Hardin & Pope County	618-658-2611
Gallatin County	618-273-2141
Pulaski County	618-658-2611
Johnson County	618-658-2611
Massac County	618-524-9368
Perry County	618-542-4357
St. Clair County	618-877-0316
Randolph County (Chester, Sparta, Red Bud)	888-855-0034
Saline County	618-252-8661
Union County	618-833-8551
White County	618-382-4633
Illinois Centerstone Crisis Hotline	855-985-0911
National Crisis Hotlines	1-800-SUICIDE (784-2433), 1-800-273-TALK (8255), or 9-8-8 (beginning July 16, 2022)
Path Crisis Center* 2-1-1 of Illinois	1-800-273-TALK (8255)

*Path Crisis Center: Crisis, Information, and trained Referral Workers can be reached 24 hours a day, 7 days a week, 365 days per year by calling United Way 2-1-1. PATH currently provides 2-1-1 services in 48 Illinois counties (Alexander, Champaign, Crawford, DeKalb, DeWitt, Douglas, Ford, Franklin, Gallatin, Grundy, Hamilton, Hardin, Iroquois, Jackson, Jefferson, Johnson, Kane, Kankakee, Knox, Lee, Livingston, Macon, Marion, Massac, McHenry, McLean, Menard, Moultrie, Ogle, Perry, Piatt, Pope, Pulaski, Saline, Sangamon, Shelby, Union, Vermilion, Warren, Washington, Wayne, White, Whiteside, Williamson, and Winnebago counties). Access provided for any language, any time. If you cannot access United Way 2-1-1 through your phone, call 1-888-865-9903.

988 Suicide & Crisis Lifeline

988 has been designated as the new three-digit dialing code and is now active across the United States. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States. For more information please visit <https://988lifeline.org/>.

When you dial 988, this is what will occur:

- 1.) You'll hear a message telling you that you've reached the 988 Suicide & Crisis Lifeline
- 2.) A little hold music will play while you are being connected
- 3.) A skilled, trained crisis worker who works at the Lifeline network crisis center closest to you will answer the phone
- 4.) The person will listen to you, understand how your problem is affecting you, provide support, and share any resources that may be helpful.
- 5.) You may also text 988 or chat with someone online at <https://988lifeline.org/chat/>

Please note, the previous 1-800-273-TALK (8255) number will continue to function indefinitely.

Crisis Text Line

Crisis Text Line serves anyone, in any type of crisis, providing access to free, confidential, 24/7 support and information via text messaging. Here is how it works:

- 1) Text "HOME" to 741-741 from anywhere in the USA, anytime, about any type of crisis.
- 2) A live, trained Crisis Counselor receives the text and responds quickly.
- 3) The volunteer Crisis Counselor will help you move from a hot moment to a cool moment.

*For additional resources for specific populations or crisis issues, visit:

www.crisistextline.org/textline/.

The Trevor Project – 1-866-488-7386

Provides 24/7 crisis intervention and suicide prevention for LGBTQ youth. Several options are available:

- 1) Text: "START" to 678-678
- 2) Call: 1-866-488-7386
- 3) Instant Message: By using "Chat with Us" <https://www.thetrevorproject.org/get-help/>.

All options are 100% confidential and 100% free, 365 days a year.

Illinois Warm Line – 1-866-359-7953 or TTY 866-880-4459 (available only to Illinois callers)

A non-crisis peer support line for people living with mental illness. Warm Line volunteers assist callers with their thoughts and feelings by providing support and encouragement.

Hours: Monday–Friday 8:00am–5:00 pm.

Maternal Mental Health Hotline – 1-833-9-HELP4MOMS (1-833-943-5746)

A new confidential, toll-free hotline for expecting and new moms experiencing mental health challenges.

When you contact the hotline, you can expect to receive a range of support, including brief interventions from trained counselors who are culturally and trauma informed, as well as referrals to both community-based and telehealth providers as needed. Callers will also receive evidence-based information and referrals to support groups and other community resources.

The hotline is accessible by phone or text at 1-833-9-HELP4MOMS (1-833-943-5746) in English and Spanish. TTY users can use a preferred relay service or dial 711 and the 1-833-943-5746.

The Maternal Mental Health Hotline is not intended as an emergency response line and individuals in behavioral health crisis should continue to contact the National Suicide Prevention Lifeline at 988.

II. Emergency Mental Health Crisis Center

Chestnut Health Systems –24/7, 365 days a week

Location	Address	Phone	Payment Source
Chestnut Health Systems	50 Northgate Industrial Dr. Granite City, IL 62040	618-877-4420	All payer sources accepted.

III. Community Mental Health Services

Centerstone

Centerstone is a not-for-profit health system providing mental health and substance use disorder treatments. Services are available nationally through the operation of outpatient clinics, residential programs, the use of telehealth and an inpatient hospital. Centerstone also features specialized programs for the military community, therapeutic foster care, children's services and employee assistance programs. Centerstone's Research Institute provides guidance through research and technology, leveraging the best practices for use in all our communities. Centerstone's Foundation secures philanthropic resources to support the work and mission of delivering care that changes people's lives.

Centerstone offers Open Access hours to help connect you with the mental health or substance use disorder services you need in a timely manner. Please review the following options to begin your services at Centerstone:

- **The best way to get started for is to call us at 1-877-HOPE123 (877-467-3123) from 8 a.m-5 p.m. Monday-Friday.** We will get your information and work with you on starting services
 - We have a first-come, first-serve virtual waitlist for clients who can utilize our Open Access Assessment Service. **Using the Virtual Open Access Assessment Service by calling 1-877-HOPE123 (877-467-3123) is preferred.**
 - For walk-ins:
 - You may be asked to wait in your car due to the increase of COVID-19 cases.

- We are not able to fairly estimate the time it will take to complete your assessment.
- We have limited availability at our offices, so you may be asked to wait from home for a call to start services.
- If you have no access to a phone or a computer, please come into one of our offices during business hours to discuss options for services.
- Our offices are located at:
 - 2615 Edwards Street, Alton
 - 2311 South Illinois Avenue, Carbondale
 - 403 Municipal Drive, Carterville
 - 1307 West Main, Marion
 - 902 West Main, West Frankfort
- **If you have private health insurance or Medicare**, please call 1-877-HOPE123 (877-467-3123) first to verify coverage and schedule your first appointment.
- **If you don't have health coverage**, other alternatives may be available to you. Please call 1-877-HOPE123 (877-467-3123) to discuss your options.

Know before you call/go:

- It will take approximately 1-2 hours to complete your assessment.
- A parent or guardian must be present for youth assessments (under 18 years old).
- Have your insurance/Medicare/Medicaid cards with you, along with a list of current and discontinued medications with dosages.

For more information about Centerstone, visit.

If you are in crisis, please call Centerstone's Crisis Services, available 24/7/365, at 1-855-985-0911 (also listed on page 1 with the local after-hours crisis numbers).

Shawnee Health Care – Mental Health Resources

Location	Address	Phone Number	Payment Source	Information (Counselors and Case Managers available at ALL clinics)	Web Address
Shawnee Care Behavioral Health - Carbondale	404 S. Lewis Ln. Carbondale, IL 62901	618-519-9200	Accepts: Private Insurance, Medicaid, and Medicare. Offers: Sliding Fee Discount	For Shawnee Health Care patients ages 12+ years old counseling and case management. Psychiatric medication management for ages 18+ years old.	
Shawnee Health Care - Carbondale	400 S. Lewis Ln. Carbondale, IL 62901			For Shawnee Health Care patients ages 12+ years old for Counseling and Case Management. Limited access for ages 6-12 years old. Substance use counseling, Suboxone treatment	

				available for ages 18+ years old.	
Shawnee Health Care - District 95 Schools - Carbondale	Various Locations: -Parrish School -Thomas School -Lewis School -Carbondale Middle School			Behavioral Health services available to District 95 students on a referral basis, when school is in session.	www.shawneehealth.com
Shawnee Health Care - Terrier Care - Carbondale	1301 E. Walnut St. Room J120 Carbondale, IL 62901			School Health Center. Counseling services provided for students, family members of students, faculty & faculty family members in the school district.	
Shawnee Health Care - Carterville	1006 S. Division St. Carterville, IL 62918			For Shawnee Health Care patients ages 12+ years old for Counseling and Case Management. Limited access for ages 6-12 years old. Substance use counseling, Suboxone treatment available for ages 18+ years old.	
Shawnee Health Care - Marion	1506 Sioux Dr. Marion, IL 62959			For Shawnee Health Care patients ages 12+ years old for Counseling and Case Management. Limited access for ages 6-12 years old. Substance use counseling, Suboxone treatment available for ages 18+ years old.	
Shawnee Health Care - Marion Wellness - Marion	1700 Wildcat Rd. STE A Marion, IL 62959			School Health Center. Counseling services provided for students, family members of students, faculty & faculty family members in the school district.	
Shawnee Health Care - Murphysboro	7 S. Hospital Dr. Murphysboro, IL 62966 (Behind St. Joseph Memorial Hospital)			For Shawnee Health Care patients ages 12+ years old for Counseling and Case Management. Limited access for ages 6-12 years old. Substance use counseling, Suboxone treatment available for ages 18+ years old.	

Other services with limited access as available	There is limited ability to take non-patient referrals for Attention Deficit Hyperactivity Disorders, Gender assignment, Bariatric surgery readiness evaluations and referrals from Jackson County Health Department's HIV services.
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Department of Veterans Affairs Behavioral Medicine – Marion, IL

Location	Information
Marion VA Medical Center	<p style="text-align: center;"> 2401 W. Main St, Marion, IL 62959 618-997-5311 www.marion.va.gov </p>
Specialty	
Addiction and Substance Use Services Ext. 55721	Provides outpatient treatment to Veterans experiencing problems with drugs and/or alcohol. Includes individual and group treatment.
After Hours Mental Health On Call (24/7 Access)	Services available during evenings/weekends using an "on-call" system for Veterans who come to the Marion VA in need of acute mental health assessment. Staff provides psych assessments for admission to inpatient psychiatry.
Consultation Liaison Team Ext. 59448	Provides mental health consultation for Veterans who are in the Emergency Department, Community Living Center, or admitted to the hospital for mental health challenges. Makes referrals to appropriate mental health care.
Employee Assistance Program (EAP) Ext. 54759 Ext. 55750 Ext. 55983	Confidential program available to help VA employees prevent and address personal and work-related issues; offers confidential assessments, brief solution-focused counseling, and linkage with community resources including support groups, experts, and classes.
Health Care for Homeless Veterans Program Ext. 59457	Serves Veterans who are homeless and at-risk. Connects veterans to VA and community based resources. Maintains a food pantry, personal supply program that provides such items as clothing and hygiene products.
Homeless Veteran Supported Employment Program Ext. 59457	Provides vocational assistance, job development and placement, and ongoing support to improve employment outcomes among homeless Veterans and Veterans at-risk of homelessness.
Housing & Urban Development – Veterans Affairs Supportive Housing Ext. 59457	Joint effort to move Veterans and their families out of homelessness and into permanent housing. HUD provides Housing Choice Voucher Program (Section 8) assistance that allows homeless Veterans to rent privately owned housing. VA offers eligible homeless Veterans clinical and supportive services through its health care system.
Integrated Mental Health in Primary Care/Behavioral Health Lab Ext. 53249	Provides integrated care for veterans for health and emotional problems; provides services through Behavioral Health Lab (BHL), a phone-based service of assessment and interventions to support treatments for mental health challenges initiated by the primary care provider.
Mental Health Intensive Case Management Ext. 59366	Offers intensive case management services; Veterans receive frequent supportive contacts at home and in the community. A "hands on" approach is used to help veterans develop a plan of treatment.
Military Sexual Trauma Ext. 59367	Provides free counseling and treatment to veterans for mental and physical health conditions related to experiences of Military Sexual Trauma, even if incident was not reported. Not required to be service connected; may receive benefits even if not eligible for other VA care.

OEF/OIF/OND Program Ext. 54006	Assists newly returning Veterans transition into and coordinate VA healthcare. Case management services available.
Outpatient Specialty Mental Health Ext. 59182	Traditional mental health outpatient services including individual, group and marital therapy.
Post-Traumatic Stress Disorder Clinic Ext. 59430	Offers individual and group therapy to combat-related Veterans with PTSD. Group therapy options available.
Residential Rehab Treatment Program Ext. 55721	Residential facility provides Veteran-centered, evidence-based best-practice treatment in PTSD, serious mental illness (SMI), homelessness, or substance use disorders. Offers short term and longer-term care, comprehensive rehabilitation.
Suicide Prevention Program Ext. 59448	Educates VA staff and community in suicide prevention, partners with community resources to heighten understanding and improve resources to individuals at risk for suicide, and provides monitoring and case management for Veterans determined to be at high risk for suicide.
Supported Employment (SE) Ext. 72438	Assists veterans with a serious mental health illness gain employment in the community. SE services are not time limited and can last as long as the veteran feels support is needed. When veteran has an open case with SE program, VA Pension will not be affected by income earned
Transitional Work Experience Ext. 72438	Offers vocational therapy through work situations in a natural work setting for veterans with a mental health disability. Fosters skills needed to transition to competitive employment. Placements are time limited, generally lasting 6 months.
Veterans Justice Outreach Program Ext. 59367	Ensures that eligible Veterans in contact with the criminal justice system have access to VA care. Provides education and information to courts/attorneys about Veterans' issues. Provides training to local law enforcement agencies.
Veteran Peer Support Services Ext. 59436	Veteran Peer support is a system of giving and receiving help founded on key principles of respect, shared responsibility, and mutual agreement of what is helpful; promotes empowerment and self-determination in the service of recovery through peer-to-peer engagement.

Other Outpatient Community Mental Health Services

Location	Address	Phone Number	Payment Source	Information	Web Address
Caring Counseling Ministries	11264 Rt. 37 N. Marion, IL 62959	618-997- 2129	\$50.00- \$80.00/hr. Accepts: Private Insurance and Medicare.	Provides all types of counseling services.	www.ccmrocks.com

Caritas Family Solutions	10286 Fleming Rd. Carterville, IL 62918	618-985-2000	Accepts: Private Insurance Offers: Sliding Fee Discount	Provides individual, marital, and family therapy. Agency has licensed therapists who specialize in the following areas: parenting issues, trauma, and teen counseling and serves all individuals regardless of religious background.	www.caritasfamilysolutions.org
Center for Senior Renewal - SIH	2 S. Hospital Dr. Murphysboro, IL 62966	618-684-3156 ext. 55130	Accepts: Private Insurance, Medicaid, and Medicare.	Provides outpatient-counseling services for senior adults, individual and group therapy, referrals for substance misuse.	www.sih.net/services/senior-renewal
Christian Hospital Recovery Center	Medical Office Bldg. 2, 11125 Dunn Rd. St. Louis, MO 63136	314-953-8100	Accepts: Private Insurance and Medicare.	Provides treatment for chemical dependency, substance misuse, and chronic mental health challenges through an intensive outpatient program.	www.christianhospital.org/Medical-Services/mentalhealth
Community Health & Emergency Services (Cedar Court Clinic)	1340 N. Cedar Ct. Carbondale, IL 62901	618-457-7821	Private Insurance, Sliding Fee Discount, Medicaid, Medicare	Provides DASA, outpatient treatment, and intensive outpatient treatment, substance use disorder prevention/treatment, and Suboxone treatment.	www.chesi.org
Community Resource Center	Main Office: 904 E. MLK Dr. Centralia, IL 62801	618-533-1391 Fax: 618-533-0012	Accepts: Most insurance plans including Medicaid and Medicare.	Provides substance use disorder and mental health counseling services.	www.crconline.info
Comprehensive Behavioral Health Center-	505 S. 8 th St. East St. Louis, IL 62201	618-482-7330 Fax: 618-482-4351	Discounts are available based on family size and income.	Provides SASS, inpatient services, and counseling to individuals of all age groups.	www.cbhc1.org
Egyptian Area Agency on Aging	200 E. Plaza Dr. Carterville, IL 62918	618-985-8311 ext. 101 888-895-3306 ext. 101		Provides counseling sessions in homes of senior adults and their caregivers, homebound visits, and meal delivery available to community members of the lower 13 Illinois counties.	www.egyptianaaa.org/CounselingGeriatric.html

Gateway Foundation	1080 E. Park St. Carbondale, IL 62901	877-381-6538 618-319-7523	Accepts: Private Insurance and Medicaid.	Provides risk education, DUI evaluations, medication assisted treatment (MAT), and (primarily) group counseling, some individual and family counseling, and residential treatment for adult men and women. Transportation limitedly available for the following groups: -OP day group (meets M-F) -OP evening group (meets M-R) -NAR NON group for families (meets every other M evening)	www.gatewayfoundation.org/locations/carbondale
Hoyleton Youth & Family Services	8 Executive Dr. STE 200 Fairview Heights, IL 62208 -There are several location. Please see website for a location near you.	618-688-4727 Fax: 618-688-7039 (Counseling program)	Accepts: Medicaid only.	Provides therapeutic residential treatment, foster care, transitional and independent living programs, crisis care, Puentes de Esperanza, and special education programs. Agency is committed to all people, young and old alike, who are in need of services.	www.hoyleton.org
Lutheran Social Services of Illinois	1616 W. Main St. Marion, IL 62959	618-997-9196	Insurance not accepted. Offers: Sliding Fee Discount.	Provides a variety of mental health services: Individual therapy and family therapy to those ages 3+ years old, as well as, foster care and adoption services.	www.lssi.org
Human Support Services	988 N. Illinois Rt. 3 PO Box 146 Waterloo, IL 62298	618-939-4444 Fax: 618-939-4181	Accepts: Most Insurance Plans. Offers: Sliding Fee Discount.	Provides services that are aimed at helping individuals experiencing mental health challenges, health concerns, developmental disabilities, or substance use to build satisfying lives.	www.hss1.org

Jasper County Health Department	106 E. Edwards St. Newton, IL 62448	618-783-4154 Fax: 618-783-2339	Accepts: Private Insurance, Medicaid, including Managed Medicaid plans, Medicare, and Self-Pay (\$30-\$130/hr.). Offers: Sliding Fee Discount	Provides counseling for an array of mental and behavioral health matters to individuals of all age groups.	www.jasperhealth.org
RSVP (Retired Senior Volunteer Programs)	Illinois Dept. on Aging One Natural Resources Way STE 100 Springfield, IL 62702	800-252-8966 TTY 888-206-1327		This program is always looking for volunteers ages 55 and older. Accepts volunteers ages 18 and older for tutoring/mentoring of grades K-12 students.	www.egyptianaaa.org/RSVP_of_SI.html Facebook: RSVP of SI
Senior Solutions (Union County Hospital)	517 N. Main St., Anna, IL 62906	618-833-4505	Accepts: Most insurance pans.	Provides group and individual therapy, as well as, family support and education to help maintain positive quality of life as one ages.	https://unioncountyhospital.com/senior-emotional-health/
SIU Carbondale Clinical Center	625 Wham Dr.-MC 4602, Rm 141 Carbondale, IL 62901	618-453-2361 Fax: 618-453-6130	Offers: Sliding Fee Discount :\$5-\$30/session. Medicare not accepted. No insurance or Medicaid billing.	Provides psychotherapy services, such as individual, group, couples, adults, children, and adolescent. Services are available to SIU students and community members.	www.clinicalcenter.siu.edu
SIU Carbondale Counseling and Psychological Services (CAPS)	Student Health Center 374 E. Grand Ave.- MC 6740 Carbondale, IL 62901	618-453-3311 Fax: 618-453-6151	There is a \$10 per visit fee. Medicaid not accepted.	For SIU students only. Provides counseling to help SIU students discover ways to cope more effectively with problems in day-to-day living. Staff is committed to meet the needs of individuals from diverse backgrounds.	shc.siu.edu

Spero Family Services	Main Campus: 2023 Richview Rd. Mt. Vernon, IL 62864 -There are several location. Please see website for a location near you.	618-242-1070	Accepts: Private Insurance and Medicaid. Offers: Sliding Fee Discount (per supervisor approval). Some grants available.	Provides a variety of mental health services such as diagnosis, stress and marriage counseling, trauma focused cognitive behavioral therapy, and family, youth and grief counseling.	www.sperofs.org
The Night's Shield	301 E. Garland St. West Frankfort, IL 62896	618-932-6400	No Charge for Services	Provides shelter to those ages 11-23 years old. Other services include life skills/coaching, case management, client advocacy, transitional living, and community outreach.	www.thenightsshield.org
Survivor Empowerment Center	610 S. Thompson St. Carbondale, IL 62901	618-549-4807 24hr Hotline: 800-334-2094 Fax: 618-529-1802	No Charge for Services	Provides outpatient and residential counseling specializing in domestic violence and sexual assault/abuse survivors to children and adults.	https://www.empoweringsurvivors.org/

Mental Health Support Services

There is no fee for the following Mental Health Support Services.

Location	Address	Phone Number	Information
Project 12 Ways	MC 6616 Southern Illinois University Carbondale, IL 62901	618-453-2434 866-879-2199 Fax: 618-453-2450	Provides home-based intervention contracted through DCFS. An open case with the department of children and family services is required. For more information, email: p12-ways@siu.edu.

Community Mental Health Services in the Region

Location	Address	Phone Number	Payment Source	Information	Web Address
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Arrowleaf	Pope County 125 N. Market St. PO Box 759 Golconda, IL 62938	618-683-2461 Fax: 618-683-2066	Accepts: Private Insurance, Medicaid, and Medicare. Offers: Sliding Fee Discount	Provides substance use disorder counseling, residential programs, senior living care, and case manager placement for homeless to those in the 7 most southern Illinois counties. There are no age restrictions for services.	www.myarrowleaf.org
	Johnson County 101 Oliver St. PO Box 1328 Vienna, IL 62995	618-658-3079 Fax: 618-658-2501			
	406 E. Vine St. PO Box 1328 Vienna, IL 62995	618-658-2759 Fax: 618-658-2759			
	Hardin County 147 N. Main St. Elizabethtown, IL 62931	618-287-7010 Fax: 618-287-7016			
	Alexander County 1401 Washington Ave. Cairo, IL 62914	618-734-2665 Fax: 618-734-1999			
Behavioral Health Crisis Center (Partnership of Gibson Center for Behavioral Change and Community Counseling Center)	1112 Linden St., Cape Girardeau, MO 63703	573-803-4155	No payment for crisis stabilization	Provides 72-hour crisis stabilization to those ages 18+ years old.	
Brentwood Springs	4488 Roslin Rd. Newburgh, IN 47630	812-858-7200 812-618-1507 eFax: 812-518-8999 Fax: 812-842-0086	Accepts: Most major medical insurances and Indiana Medicaid and Medicare only.	Provides (no cost) initial evaluations, detoxification/stabilization , family programs, alumni support groups, web-based treatment, intensive outpatient and partial hospitalization programs, along with inpatient treatment: mental health and addiction, which ranges from 7-10 days.	www.brentwoodsprings.com

Comprehensive Connections	16338 N. Illinois Hwy. 37 Mt. Vernon, IL 62864	618-242-1510	Accepts: Private Insurance, Medicaid, and Self-Pay.	Provides substance misuse treatment, DIU services, outpatient and residential treatment and Personal Assistance Services (PAS) for Agency Mental Illnesses only to those ages 5+ years old.	www.compconnect.org
Deaconess Cross Pointe Outpatient	445 Cross Pointe Blvd. Evansville, IN 47715	812-471-4611	Accepts: Private Insurance, Medicaid, Medicare, and Self-Pay.	Provides outpatient care for mental health challenges, substance use disorders, psychiatry, and chemical dependency to those ages 10+ years old. Intensive outpatient care also available. Geriatric psychiatry not available.	
Egyptian Health Department	Saline County 1412 US Hwy. 45 North Eldorado, IL 62930 (Main Office) 715 E. Church St. Harrisburg, IL 62946 (Recovery Resource Center)	618-273-3326 Fax: 618-273-2808 618-294-8322 Fax: 618-294-8354	Accepts: Private Insurance, Medicaid, and Self-Pay. Offers: Sliding Fee Discount for substance use disorder only (not mental health).	Provides counseling services for mental health and substance use disorders to those of all age groups, SASS, DUI evaluations, community support, supported employment, and a 90-day detox program for substance use disorders.	www.egyptian.org
	Gallatin County 9525 Gold Hill Shawneetown, IL 62984 5155 Hwy. 13 Junction, IL 62954 (Wellness Center)	618-269-3454 Fax: 618-269-3825 618-272-7132 Fax: 618-272-7064			
	Wayne County 407 N. Basin Rd. Fairfield, IL 62837	618-516-5326 Fax: 618-516-5325			

	White County 1705 College Ave. Carmi, IL 62821	618-382-7311 Fax: 618-382-7552			
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HMC Behavioral Health – SIH	3106 Outer Drive Marion, IL 62959	618-998-0888	Accepts: Most Private Insurance and Medicare.	Provides medication evaluation and management, group therapy, consultation, psychological testing, and assessments.	
Lawrence County Health Department Behavior Health	11362 Country Club Rd. Lawrenceville, IL 62439	618-943-3302 Fax: 618-943-3657	Accepts: Private Insurance, Medicaid/Illinois Medicaid, Medicare, and Self-Pay. Offers: Sliding Fee Discount.	Provides Personal Assistance Services (PAS), mental health counseling, and outpatient substance counseling to those ages 5+ years old.	www.lchealth.com/behavioral-health
Lourdes Marshall Nemer Pavilion	1532 Lone Oak Rd. STE 345, Paducah, KY 42003	270-444-2250 ext. 3	Accepts: Private Insurance, Illinois and Kentucky Medicaid, Medicare, and Self-Pay.	Provides outpatient services and intensive outpatient services to those 18+ years old.	
Massac County Mental Health and Behavioral Center	206 W. 5 th St. Metropolis, IL 62960	800-851-1251	Accepts: Private Insurance, Medicaid, and Medicare. Offers: Sliding Fee Discount.	Provides substance use disorder treatment and counseling for an array of mental and behavioral health matters to those ages 5+ years old.	www.mcmhc.com
Milwood Executive Suites 1400 N. Wood Rd. Murphysboro, IL 62966	Dr. Melinda Bloos	618-457-6443 ext. 302	Accepts: BCBS, Health Alliance, and Medicare.	Provides anxiety disorder and trauma based disorder counseling.	
	Cynthia Clark, Ph.D.	618-534-3140	Accepts: BCBS and Health Alliance.	Provides therapy to individuals, families, couples and group; ages 10+ years old.	
	Richard Scott, Ph.D.	913-219-9278	Accepts: HealthLink, Health Alliance, BCBS	Provides individual therapy to 17+ years old.	
	Survive & Thrive Counseling Maren Whipple,	618-213-3046	Accepts: Most Private Insurance. Medicaid, Medicare,	Provides couples therapy, marriage and individual counseling to those ages 12+ years	www.surviveandthrivecounselin

	MS Ed, LCPC, NCC, CCMHC		and TriCare not accepted .	old. Specialize in couples and trauma.	g.com
	Mary Ann Wildwood, LCSW, Reiki Master	618-457- 5775 618-529- 5229 ext. 143	Accepts: Most Private Insurance and Medicare.	Provides couples therapy, marriage and individual counseling.	www.maryanwildwood.com
	Diana Womack Walters, LCSW	618-318- 9181	Accepts: Private Insurance and Medicare.	Provides alcohol assessments and substance use disorder, mental health, and marital counseling.	www.dwomackwalterslcsw.com
Perry County Counseling Center	1016 S. Madison St. #A Du Quoin, IL 62832	618-542- 4357	Accepts: Private Insurance, Medicaid, and Medicare.	Provides alcohol and substance use disorder counseling, DUI assessments, and crisis services those to ages 5+ years old.	
Southern Illinois Case Coordination Services	325 S. Poplar St. PO Box 588 Centralia, IL 62801	800-828- 7422	Must be Medicaid eligible to receive services. No Charge for Services.	Provides Personal Assistance Services (PAS) to agency developmentally disabled patients.	
SSM St Joseph Hospital	500 Medical Dr. Wentzville, MO 63385	636-327- 1000	Accepts: Private Insurance, Medicaid, Medicare, and Self-Pay.	Provides inpatient and outpatient services to those ages 13-59 years old. Other locations available, if needed.	
Union County Counseling Services	204 South St. Anna, IL 62906	618-833- 8551	Accepts: Private Insurance, Medicaid, and Medicare. Offers: Sliding Fee Discount.	Provides psychiatrist services (no substance use disorder treatment) for those 18+ years old.	www.uccsinc.org
Washington University Department of Psychiatry	600 S. Taylor Ave. STE 122 St. Louis, MO 63110	314-286- 1700	Accepts: Most Private Insurance, Medicaid, and Medicare.	Provides outpatient, ECT, and TMS on a voluntary basis.	

IV. Inpatient Facilities

Hospitals Accepting Adult Voluntary Psychiatric Admissions

Hospital Name	Address	Phone Number	Payment Source	Information
Alton Mental Health center	4500 College Ave. Alton, IL 62002	618-474-3800	Accepts: Medicaid and Medicare	This mental health facility is state operated and only accepts those 18+ years old
Center Pointe Hospital	4801 Weldon Spring Pkwy. St. Charles, MO 63304	636-441-7300	Accepts: Private Insurance and Medicare.	Provides SASS, chemical dependency services, inpatient services, and a substance use disorder residential program to adolescents and adults on both an involuntary and voluntary basis. This is a stand-alone psychiatric facility; no medical services are offered.
Christian Hospital (Recovery Center)	Professional Office Bldg. 2 Christian Hospital 11125 Dunn Rd. STE 401 St. Louis, MO 63136	314-653-5000 Fax: 314-953-8150	Accepts: Private Insurance and Missouri Medicare.	Provides outpatient group therapy only; no inpatient services are offered.
Deaconess Cross Pointe Inpatient	7200 E. Indiana St. Evansville, IN 47715	812-476-7200	Accepts: Private Insurance, Medicaid, Medicare, and Self-Pay.	Provides inpatient acute care for mental health challenges, substance use disorders, psychiatry, and chemical dependency to those ages 10+ years old. Geriatric psychiatry not available.
Gateway Regional Medical Center	2100 Madison Ave. Granite City, IL 62040	618-798-3000	Accepts: Private Insurance (Not Cigna), Medicaid, Medicare, and Self-Pay.	Provides SASS to adults and seniors on both an involuntary and voluntary basis.
Harrisburg Medical Center Mulberry Center	100 Dr. Warren Tuttle Dr. Harrisburg, IL 62946	618-253-0420	Accepts: Private Insurance, Medicaid, Medicare, and Self-Pay.	Provides inpatient short-stay (average stay is 5-7 days) acute care stabilization on a voluntary basis. Psychiatric unit does not accept individuals for substance use disorder treatment as a primary diagnosis.
Memorial Medical Center	701 N. 1 st St. Springfield, IL 62781	217-788-3000	Accepts: Some Private Insurance, Medicaid, Medicare, and Self-Pay.	Provides detoxification and treatment for a broad range of psychiatric issues.

Behavioral Health Institute at Mercy Health Lourdes	1530 Loan Oak Rd. Paducah, KY 42003	270-444-2250	Accepts: Private Insurance, Illinois and Kentucky Medicaid, Medicare, and Self-Pay.	Provides inpatient services to adults and seniors for mental health crises such as suicidal ideation, bipolar disorder, schizophrenia, etc. Does not provide treatment services for anorexia or substance use disorder.
Pavilion Hospital	809 W. Church St. Champaign, IL 61820	217-373-1700	Accepts: Private Insurance, Medicaid, and Medicare.	Provides medical detoxification, dual diagnosis treatment, residential treatment, and partial hospitalization.
SSM St Joseph Hospital	500 Medical Dr. Wentzville, MO 63385	636-327-1000	Accepts: Private Insurance, Medicaid, Medicare, and Self-Pay.	Provides inpatient and outpatient services to those ages 13-59 years old. Other locations available, if needed.
Touchette Regional Hospital	5900 Bond Ave. Centreville, IL 62207	618-332-4038 Fax: 618-332-4040	Accepts: Most Private Insurance with preauthorization, Medicaid, and Medicare.	Provides services on both an involuntary and voluntary basis.
Washington University Department of Psychiatry	600 S. Taylor Ave. STE 122 St. Louis, MO 63110	314-286-1700	Accepts: Most Private Insurance, Medicaid, and Medicare.	Provides outpatient, ECT, and TMS on a voluntary basis.

Hospitals Accepting Adult Involuntary Psychiatric Admissions

Hospital Name	Address	Phone Number	Payment Source	Information
Carle Olney Primary Care Clinic - Richland Memorial Hospital	363 N. West St. Olney, IL 62450	618-392-9401	Accepts: Private Insurance, Medicaid, Medicare, and Self-Pay.	Provides outpatient services to all age groups.
Center Pointe Hospital	4801 Weldon Spring Pkwy. St. Charles, MO 63304	636-441-7300	Accepts: Private Insurance and Medicare.	Provides SASS, chemical dependency services, inpatient services, and a substance use disorder residential program to adolescents and adults on both an involuntary and voluntary basis. This is a stand-alone psychiatric facility; no medical services are offered.

Chicago Behavioral Hospital	555 Wilson Ln. Des Plaines, IL 60016	844-756-8600	Accepts: Private Insurance, Medicaid, and Medicare. DCFS Wards accepted case by case.	Provides services to those in the following age groups: adolescents 13+ years old, adults, and geriatrics.
Choate Mental Health and Development Center	1000 N. Main St. Anna, IL 62906	618-833-5161	Accepts: Private Insurance, Medicaid, Medicare, and Self-Pay.	Provides SASS to those 18-21 years old. Offers acute care and step-down units. Service not available to children.
Gateway Regional Medical Center	2100 Madison Ave. Granite City, IL 62040	618-798-3000	Accepts: Private Insurance (Not Cigna), Medicaid, Medicare, and Self-Pay.	Provides SASS to adults and seniors on both an involuntary and voluntary basis.
HSHS St. Mary's Hospital	1800 E. Lake Shore Dr. Decatur, IL 62521	217-464-5193 (adolescent unit) 217-464-5196 (adult unit) 217-464-5280 (geriatric unit)	Accepts: Private Insurance, Medicaid, and Medicare.	Provides adolescent, adult, and senior inpatient behavioral health services.
Memorial Medical Center	701 N. 1 st St. Springfield, IL 62781	217-788-3405 or 217-788-3505	Accepts: Some Private Insurance, Medicaid, Medicare, and Self-Pay.	Provides treatment for a broad range of psychiatric challenges, detoxification, some substance use disorder treatment, and a partial hospitalized program.
Pavilion Hospital	809 W. Church St. Champaign IL 61820	800-373-1700	Accepts: Managed-Care – (Adults) and Medicaid (Teenagers).	Provides SASS, medical detoxification, dual diagnosis treatment, residential treatment, and partial hospitalization.
St. Mary Hospital	400 N. Pleasant St. Centralia, IL 62801	618-436-8623 or 618-436-8622	Accepts: Private Insurance, Medicaid, Medicare, and Self-Pay.	Provides acute care services and senior adult services.
Touchette Regional Hospital	5900 Bond Ave. Centreville, IL 62207	618-332-4038 Fax: 618-332-4040	Accepts: Most Private Insurance with preauthorization, Medicaid, and Medicare.	Provides services on both an involuntary and voluntary basis.

Psychiatric Units That Also Provide Medical Care

Hospital Name	Address	Phone Number	Payment Source	Information
Gateway Regional Medical Center	2100 Madison Ave. Granite City, IL 62040	618-798-3888	Accepts: Private Insurance, Medicaid, Medicare, and Self-Pay.	Provides SASS and a broad range of psychiatric treatments: inpatient mental health, intensive outpatient for adults, and a drug detox program. Services not available to children and adolescents.

Pediatric Psychiatric Admissions (SASS)

**SASS: Screening Assessment and Support Services for Medicaid-eligible children in Illinois*

Hospital Name	Address	Phone Number	Payment Source	Information
CenterPointe Hospital	4801 Weldon Spring Pkwy. St. Charles, MO 63304	800-345-5407	Accepts: Private Insurance, Medicare, and Missouri Medicaid.	Provides SASS, short-term crisis stabilization for mental health, detoxification services, and chemical dependency residential services.
Lincoln Prairie Behavioral Health Center	5230 S. 6 th St. Springfield, IL 62703	217-585-1180	Accepts: Most Private Insurance, Illinois and Missouri Medicaid, and TriCare (Military insurance coverage).	Provides SASS to those ages 3-17 years old, partial hospitalization to those ages 12-17 years old, and (inpatient only) dual diagnosis treatment for adolescents. Serves all of Illinois. For more information, visit: www.lincolnpairiebhc.com .
Pavilion Hospital	809 W. Church St. Champaign, IL 61820	217-373-1700	Accepts: Private Insurance, Medicaid, and Medicare.	Provides psychiatric stabilization and evaluation, dual diagnosis treatment, and partial hospitalization.
Riveredge Hospital	8311 W. Roosevelt Rd. Forest Park, IL 60130	708-771-7000	Accepts: Most Private Insurance, Medicaid (under age 18) and Medicare.	Provides services to children, adolescents, and transitioning young adults.
Streamwood Behavioral Health System	1400 E. Irving Park Rd. Streamwood, IL 60107	630-837-9000	Accepts: Private Insurance (including Out of Network BCBS HMO), Medicaid/Medica	Provides an outpatient program for those ages 4-18 years old, an intensive outpatient program(IOP) for those ages 3-11 years old, an adolescent IOP for those ages 2-17, partial programs for those ages 6-18 years old, and therapeutic day school for those ages 8-21 years old.

			re (including Out of Network Cigna and Humana), and all Managed-Care Medicaid.	
Washington University Pediatric Psychiatry	4444 Forest Park Ave. St Louis, MO 63108	314-286-1700	Accepts: Private Insurance, Medicaid, Medicare, and Self-Pay.	Provides outpatient only services to those 0-18 years old.

V. Support Groups

Company Name	Address	Phone Number	Information
Christian Covenant Fellowship Church	1025 S. Division St. Carterville, IL 62918	618-985-4011	Grief support group. No fees, no registration required. Counseling by Brother Ralph Brandon. For more information, visit: http://www.christiancovenantfellowship.com/
First Presbyterian Church Caregiver Support Group	1200 S. Carbon St. Marion, IL 62959	618-993-3640	Open to all cancer patients, survivors, caregivers, friends, and family affected by cancer. Come and share your story on the 3 rd Monday of every month. Help us encourage and equip others. For more information, email: office@marionpresbyterian.org
GriefShare	Our Savior Lutheran Church 700 S. University Ave. Carbondale, IL 62901	618-549-1694	Faith-based grief support group discussion of a GriefShare video each week. Meets 2:00pm – 3:30pm on Sundays. For more information, email: lutheran@siu.edu .
I Lost a Child Support Services – Memorial Hospital of Carbondale	405 W. Jackson St. Carbondale, IL 62902	618-549-0721 ext. 65224 Anne Mileur, Cynthia Cordoro	
National Alliance on Mental Illness (NAMI) Jackson County	Our Savior Lutheran Church 700 S. University Ave. Carbondale, IL 62901 Virtual	n/a n/a	Local on-ground support groups are currently not taking place due to the COVID-19 pandemic. For more information, email: namijcil@gmail.com . Virtual Options: Family support group geared towards family members of individuals living with a mental health diagnosis. Connection support group geared towards individuals living with a mental health diagnosis. LGBTQ support group geared towards individuals living with a mental health diagnosis. For more information, email: teri@namiillinois.org .
Through God's Eyes Support Group	Camp Creek Baptist Church 39 Church Rd. Murphysboro, IL 62966	618-201-4603 June Caraway	To increase positive social support and networking within local communities by educating, informing, sharing resources, promoting awareness, and providing a safe environment for friends and families whose lives are affected by substance misuse. For more information, email: throughgodseyez@gmail.com .

Warriors of Hope Suicide Awareness Remembrance & Prevention	300 E. Main St. Carbondale, IL 62901	618-203-3444 Meleah Pascall, LPC	Supports survivors who have lost someone to suicide, aids in healing, and provides suicide prevention education. Meets 1 st Sunday of every month at 4pm, unless holiday, then 2nd Sunday at 4pm.
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VI. Transportation

Company Name	Phone Number	Area Covered	Payment	Information
Illinois Patient Transport (Division of Advanced Medical Transport)	800-457-1143	All of Illinois – except Cook County	No payment for involuntary transport. For voluntary/children transport, 1-page contract needed (see page 24 for contract).	Provides services to hospitals and patients requiring compassionate supervision during transportation.
Lovisa Medical Transport	Non-Emergency: 618-988-2095 Emergency: 618-521-1706	Central/Southern Illinois, Southwestern Indiana, Southwestern Kentucky, and Eastern/Metro-East Missouri	Contracts with SIH, does NOT bill insurance. Medicaid and Medicare not accepted.	Provides voluntary and involuntary patient transportation to all age groups, which must be scheduled by a psychiatric facility. Children can be picked up from private residences. Services are available 24 hours a day/7 days a week/365 days a year.
MedicOne Medical Response	855-4MEDIC-1 (463342-1)	Illinois from I-70 south, St. Louis, Missouri area and Terre Haute, Indiana area	Private insurance contracts with several hospitals. Some credit cards accepted. Medicaid and Medicare not accepted.	Provides voluntary and involuntary patient transportation from private residences to Emergency Depts.; Psychiatric Facilities/nurses/social workers must schedule any transportation to places other than Emergency Departments. Emergency services and 911 assistance available.
Rides Mass Transit	844-220-1243 618-993-1900	Illinois and neighboring states	No payment for call center assistance to find transportation. Costs for transportation paid directly to transportation provider. Medicaid, cash fare, or other sources accepted.	Provides non-emergency medical transportation in advance for area hospitals and healthcare providers. For more information, visit: www.ridesmtd.com .

VI. Miscellaneous Resources

Name	Contact Information
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Association of Community Mental Health Authorities of Illinois (ACMHAI)	www.acmhai.org/who-we-are ACMHAI is a partnership of organizations committed to the concept of community behavioral health, which is demonstrated by a shared respect and concern for citizens of our communities who experience mental health challenges, emotional disturbances, substance use disorder, and developmental disabilities.
Illinois Mental Health Services Guide	www.opencounseling.com/public-mental-health-il
Illinois Department of Human Services Division of Mental Health	IDHS Help Line: 1-800-843-6154 TTY: 1-866-324-5553 www.dhs.state.il.us/page.aspx?item=29728
Jackson County Mental Health (708) Board	www.jacksoncounty-il.gov/government/departments-a-z/mental-health-708-board The mission of the Jackson County Mental Health (708) Board is to plan, allocate funds, coordinate, and evaluate a comprehensive system of Community Mental Health, Intellectual/Developmental Disabilities, and Substance Use Disorder services for the citizens of Jackson County, IL.
Mental Health and Developmental Disabilities (405 ILCS 20/) Community Mental Health Act.	www.ilga.gov/legislation/ilcs/ilcs3.asp?ActID=1499&ChapterID=34
Mental Health First Aid Training*	www.mentalhealthfirstaid.org/take-a-course/find-a-course/
National Alliance on Mental Illness (NAMI) – Jackson County	nami@namiillinois.org namijcil@gmail.com
Prevention First	1-800-252-8951
Rape Action Committee (Survivor Empowerment Center)	1-800-334-2094

*Youth and Adult Mental Health First Aid training is an 8-hour course that teaches individuals and groups how to identify, understand, and respond to signs of mental health challenges and substance use disorders. Local trainers will give you the skills you need to reach out and provide initial help and support to someone who may be developing/struggling with their mental health or substance use or experiencing a crisis. To find a course near you, visit: www.mentalhealthfirstaid.org/take-a-course/find-a-course/ or email Ashley Moss: amos64@siumed.edu

Transportation Agreement



Parties This service level agreement is entered into by the following "Parties":

"Requesting Facility" Name and Billing Address

And _____

"Service Provider" _____

Illinois Patient Transport (Advanced Medical Transport)
1718 Sterling Ave
Peoria, IL 61604

Service Defined Voluntary Mental Health Transportation, age 12 and older, by specialized safety car, equipped with GPS, passenger divider, video cameras, door and window locks. Patients are cooperative with no sedation or restraints, hospital to hospital. Secure discharge such as dementia patients. Other transportation requests appropriate to transport by safety car.

Charge Review The "Requesting Facility" agrees to pay the "Service Provider";
Base Rate \$210.00 and Per Mile \$5.50
Payment is due within 30 days of invoice receipt.

Agreement Terms This agreement will be in effect during the following period (choose one):

- 1) Today only _____ for _____
(Month / Day / Year) Patient's Printed Name
- 2) Ongoing as requests are made effective _____
(Month / Day / Year)

The Parties agree to the terms set forth herein and execute this agreement by an authorized representative.

Signatures

(Requesting Facility)
Printed Name: _____
Position: _____
Phone: _____



Illinois Patient Transport
Printed Name: Chenal Houle
Position: Director of Contract Services
Phone: 309-999-4047