

JACKSON COUNTY FARMERS' MARKET LOCATIONS

CARBONDALE FARMER'S MARKET

WHEN: Saturdays 8 am - 12 pm
(April - November)

WHERE: West Towne Shopping Center
2001 W. Main St, Carbondale

Accepts SNAP/Link & WIC/Senior Coupons
SNAP purchases matched up to \$25/week



MURPHYSBORO FARMER'S MARKET

WHEN: Saturdays 8 am - 11 am
(Open May– September)

WHERE: 12th & Walnut St,
Murphysboro
Near Smysor Park

ELVERADO FARMER'S MARKET

WHEN: Fridays 3 pm - 6 pm
(May - October)

WHERE: 21348 HWY 51, Elkhville
Ralph's Small Engines

Accepts: SNAP/Link, Link Up Program Match & WIC/Senior Coupons



HUMPDAY FARMER'S MARKET

WHEN: Wednesdays 3pm - 6 pm
(April - October)

WHERE: 2421 W MAIN ST,
CARBONDALE

(GOLD'S GYM PARKING LOT)

Accepts SNAP/Link & WIC/Senior



BENEFITS OF THE FARMERS' MARKET

1. FRESH FRUITS & VEGETABLES

- Picked fresh & in-season
- Ripe when picked
- Better flavor & nutrition
- Try something new

2. SUPPORT LOCAL FARMERS

- Help small farms be successful
- Socialize with the farmers
- Strengthen the community

3. GET THE KIDS INVOLVED

- Have them pick a fruit or vegetable to try
- Let them help prepare the fruit or vegetable

