How Do I Pick a Doctor?

Your options for choosing a doctor may depend on your health insurance.

When you go to the doctor, call their office first and see if they will accept your insurance.

You should also call the number on the back of your insurance card.

Your insurance company may be able to assist with transportation to your appointment, if needed.

Below is a list of Federally Qualified Health Center (FQHC) Providers. FQHC's are able to offer discounts for their services.

Doctor Office	Locations	Phone Number	Website
Christopher Rural	Albion, Carmi, Christopher, DuQuoin,	(800) 408-7351	https://www.crhpc.org/
Health Planning	Eldorado, Fairfield, Flora, Johnston City,		
Corporation	Mt. Vernon, Sesser, Shawneetown		
(CRHPC)			
Community Health	Caira Carbandala Flizabathtaun Calcanda	(619) 724 4400	https://www.chesi.org/
Community Health	Cairo, Carbondale, Elizabethtown, Golconda,	(618) 734-4400	ittps://www.cnesi.org/
& Emergency Services (CHESI)	Harrisburg, Marion, Pulaski, Rosiclare, Tamms		
(CITESI)			
Rural Health, Inc.	Anna, Dongola, Metropolis, Vienna	(618) 995-1002	http://www.ruralhealthinc.org/
Shawnee Health	Carbondale, Carterville, Marion, Murphysboro	(618) 519-9200	http://www.shawneehealth.com/
SIU Family Medicine	Carbondale, Decatur, Jacksonville, Lincoln,	(217) 545-8000	https://www.siumed.org/family-
	Quincy, Springfield, Taylorville,		<u>medicine</u>
	West Frankfort		

There are other doctors in the area. This list can help you get started if you do not already have a doctor. You can also visit https://www.hsidn.org/find-a-doctor for a full list of doctors in southern Illinois.