

# SALUKIS IN NEED



ASSISTANCE IS  
AVAILABLE FOR YOU.



## WHAT IS THE HEROES PROGRAM?

The HEROES program is for SIU students experiencing difficulties with housing insecurity, food insecurity, and other financial challenges, including access to healthcare, transportation, childcare, clothing, personal care items, and school necessities.

HEROES also provides individualized support, guidance, and advocacy to ensure all students receive wrap-around care and the resources to succeed at SIU.

We want to provide these services to you or anyone who needs them. Staff, faculty, families, or peers can refer students for assistance by submitting a SalukiCares report or contacting Jaime Clark, HEROES liaison. Students may also self-refer to the program.

The program aims to reduce insecurities and improve wellness, remove barriers to academic success, and empower individuals to invest in their futures. Services may include locating clothing, personal care items, school materials, housing options, and transportation; assistance with food, medical, financial, and housing assistance applications; access to medical care and counseling; and other services and resources that may be helpful with your unique situation.

We understand that college is a difficult time. We want to give you the opportunities and resources to pursue your goals without insecurity-related stress. Assistance is available to address any current need or to minimize potential future needs.

HEROES can provide students with the following:

- Housing Assistance
- Food Security
- Medical Care
- Counseling
- Transportation
- Clothing/Personal Items/School Supplies
- Financial Aid Applications
- Food/Medical/Housing Assistance Applications
- Other Resources & Services...

The HEROES Campus Liaison, Dr. Jaime Clark, can be contacted at 618/453-6341 or email [heroes@siu.edu](mailto:heroes@siu.edu). For more information about HEROES, please visit the following website or scan the QR code: [heroes.siu.edu](https://heroes.siu.edu)



**HEROES.SIU.EDU**  
WEBSITE