

Memory Café Support Groups

<u>WHAT IS IT?</u> Come find support in a comfortable, supportive environment where people with dementia and caregivers can socialize, learn, build support networks, and enjoy activities together!

THREE OFFERED IN OUR AREA:

2nd THURSDAY OF THE MONTH - Prairie Living at Chautauqua, 900 Villa Court, Carbondale, IL 12:30-2:00 PM. Refreshments provided.

3RD WEDNESDAY OF THE MONTH - Parkway Estates, 3114 Williamson County Parkway, Marion, IL 12:30-1:30 PM. Lunch provided.

4[™] THURSDAY OF THE MONTH - First Presbyterian Church of Carterville - 822 West Grand Avenue Carterville, IL 9:00-11:00 AM. Coffee & Pastries provided.





