BEFAST

Stroke is an Emergency

 \boldsymbol{B}

Balance

Loss of balance, headache or dizziness



E

Eyes

Blurred vision or loss of vision



You only need 1 sign or symptom to call 911

F

Face

One side of the face is drooping



 \boldsymbol{A}

Arm (or leg)

Arm or leg weakness



S

Speech

Speech difficulty



 $oldsymbol{T}$

Time

Time to call 911 - immediately



Why call 911?

When you call 911 instead of driving, the EMS team activates Code Stroke protocols to prepare the hospital for the patient's arrival and immediate treatment. The team can also prepare and even treat the patient en route to the hospital should conditions worsen.



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