



2020
IL TOBACCO
PREVENTION
CONFERENCE

Wabash Valley Tobacco
Control Coalition
By a coalition of tobacco growers



Southeastern Illinois
TOBACCO-FREE ALLIANCE

WELCOME

PLEASE MAKE SURE YOU HAVE SIGNED IN AND THEN ENJOY
BREAKFAST AND COFFEE BEFORE WE GET STARTED





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ESTABLISHING NEXT STEPS AND CLOSING

ANGIE BAILEY

SYSTEM DIRECTOR FOR COMMUNITY HEALTH

SIH COMMUNITY BENEFITS



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Establishing Your Next Steps:

What could you do to address tobacco use in your school, community or workplace?



Thoughts from the Presentation Welcome/Personal Journey in Tobacco Cessation by Clark Griffith

- Share Clark's personal journey with another person
- Share your own story about why you are so passionate about this topic with others
- Learn the story of someone who has quit smoking or been screened for lung cancer and share with others to assist someone along the stages of change to quitting
- Other ideas?



Nancy Amerson-Our Reality: Tobacco Use Patterns

- Utilize the data and information shared today to educate others on the tobacco burden in Illinois
- Determine how to best share the data in your school, community or workplace
- Learn more about how tobacco use impacts your community
- Review data from the Illinois Department of Public Health, Illinois Youth Survey or Behavioral Risk Factor Surveillance Survey
- Other ideas?



Lynette Clontz (Jordie Higgason, Kimberly Scott-Pilkington, Cristy Wedemeyer) The Benefits of a Regional Coalition

- Learn more about the coalition in your community
- Reach out to one of the local tobacco coalitions in your community to join them in their efforts
- Share the tobacco cessation resources in your area with others
- Other ideas?





Eric Wiedenman-Hidden in Plain Sight

- Learn more about the current policies in your school, community or workplace related to substance use by youth?
- Tell another parent about what you learned through Hidden in Plain Sight
- Invite one of the Hidden in Plain Site teams to present to a parent or community group
- Other ideas?



Shana Crews-A Conversation about Tobacco Control Policies in Illinois

- Learn more about the current policies in your school, community or workplace?
- What changes or improvements could be made?
- Or how could the policy be better implemented?
- Educate others on Tobacco 21 (including e-cigarettes)
- Determine how you may assist to protect funding for the Illinois Tobacco Quitline and tobacco cessation and prevention in Illinois
- Examine Smoke Free Illinois laws in your school, community or workplace to strengthen to ensure recreational marijuana could not be used in public places
- Other ideas?



Lori Younker - Illinois Tobacco Quitline: Making an Impact

- Think about ways the Quitline could be promoted in your school, community or workplace?
- Visit the Illinois Tobacco Quitline web-site at www.quityes.org to learn more.
- Promote the Quitline to 1 – 3 people.
- Other ideas?



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Dr. Gurpreet Bambra- E-cigarettes and Vaping: The Basics and the Health Consequences

- Learn more about the current policies in your school, community or workplace regarding e-cigarette use?
- Share information you learned with 1 – 3 other people or your entire classroom or worksite.
- Explore the CDC or Surgeon General's websites for information and fact sheets about e-cigarettes
 - https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm
 - <https://e-cigarettes.surgeongeneral.gov/>
- Determine if there is interest by your school in a program like CATCH My Breath for your classrooms.
- Other ideas?

What three things will you do to address tobacco use in your school, community or workplace?





Evaluation and CEUs:

You should each complete two forms today:

- John A. Logan College Form
- Evaluation of the Workshop
- If you are earning CEUs for your attendance today; please turn in both your JALC and your workshop evaluation to the designated table outside and make sure to sign out. This is the only way you will be awarded your CEUs.



2020 IL Tobacco Prevention Conference Evaluation Form

John A. Logan College, Carterville, IL, February 27, 2020

Please answer the following questions honestly. Your feedback will help us to ensure the program meets the needs of those we serve.

1. Please rate the conference by circling one number for each item below:

Conference Details	This presentation met the topic objective(s) as presented.				
	Poor	Fair	Neutral	Good	Excellent
The overall evaluation of the conference.	1	2	3	4	5
The time/day conference was held.	1	2	3	4	5
The location of the conference.	1	2	3	4	5
The tobacco-related information learned.	1	2	3	4	5

Thank you

- For your attendance and attention today!
- To the planning committee
- To those hosting booths





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TEAMWORK

Alone we can do so little.

Together we can do so much.

Helen Keller