Acknowledgements

Staff and students at Southern Illinois University School of Medicine Center for Rural Health and Social Service Development, Egyptian Health Department and Jackson County Health Department worked on the development of this toolkit.

A special thank you to the following:

Alex Barger

Amy Knight

Andrea Bruski

Angie Bailey

BJ Newbury

Candice Desiree Rilling

Cyndi Cansler

Heather Carney

Jeff Franklin

Kristin Preihs

Megan Todruff

Michelle Hartke

Phyllis Wood

Shawn Pilkington

Terry Fulk

Lastly, special thanks to those whose materials/ resources contributed to the development of this toolkit, including, but not limited to:

Academy of Nutrition and Dietetics

American Cancer Society

American Heart Association

American Lung Association

American Public Health Association

Bicycling/ Moving America Forward

CDC Lean Works!

Centers for Disease Control and Prevention

Clark County, Washington

Colorado Worksites: Resources and Tools for Implementing Wellness" Developed by The

Colorado Physical Activity and Nutrition Worksite Taskforce and the Prevention Services

Division at the Colorado Department of Public Health and Environment.

Fit City/ Fit Schools Campaign, San Antonio, Texas

Frett/ Barrington Limited

Illinois Alliance to Prevent Obesity

Illinois Department of Public Health

International Foundation for Research and Education on Depression

John J. Heldrich Center for Workforce Development

League of American Bicyclists

Lungusa.org

Mayo Clinic

National Institute of Diabetes and Digestive and Kidney Diseases

National Institutes of Health

National Mental Health Association

New York Department of Public Health

North Carolina Department of Health and Human Services

North Carolina Division of Public Health

State of Utah, Department of Health

Tacoma-Pierce County Health Department, Washington

The George Washington University, Washington, DC

The Monday Campaigns, Inc.

The Warton School, University of Pennsylvania

The Wellness Program: West Virginia University Hospitals, WVU Health Services, University

Health Associates.

Tufts University

U.S. Department of Health and Human Services

U.S. Department of Homeland Security

Vanguard Health, Chicago

Web MD.com

Weight Control Information Network

Wellness Councils of America

Wholistic Stress Control Institute, Inc.

Wisconsin Partnership for Activity and Nutrition

^{**}This list is a work in progress and will be adjusted as additions are made to the toolkit.